

Gang stalking

The new COINTELPRO

The Hidden Evil



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Preface

This document is dedicated to the known and unknown people who have been driven to suicide or have committed acts of violence as a result of being harassed by gang stalking groups. It is my goal to make their operations as visible as possible.

This report is based on an online e-book located at www.rich-essence.com. There are many other gang stalking sites available, some are international and multilingual. They can easily be found by using the Google search engine and typing in phrases such as "gang stalking," "organized stalking," or "vigilante stalking." You will find several sites which will offer a wealth of information on the subject.

Throughout this document I will be presenting evidence on what I believe are **highly organized, covert state sponsored harassment campaigns**, being carried out on unwitting and unwilling people across North America. After reading this document you may draw your own conclusions based on my supporting evidence. If an identifying characteristic of an individual or organization appears in any section of this report, it is presented absent malice, and is based on my opinion.

There are people who will have a vested interest in discrediting me and the information in this report. The information in this document will be painful to most people. Some of the information will be scary. I do not present the information for the purpose of scaring you, but it is a peripheral result of explaining something this repulsive in detail. It appears that the more areas of a horrific phenomenon you attempt to illuminate, the more you discover how horrifying it really is.

Most information in this report is documented. The rest is my opinion. The information in this report does not necessarily represent the beliefs of any anti-gang stalking organization, or of other gang stalking targets.

There are many websites now devoted to the topic of gang stalking. This phenomenon is not yet recognized by the mainstream media, the legal community, or mental health professionals. Some small talk shows such as **The Grassy Knoll**, **The Power Hour**, **The Investigative Journal**, and a few others, have covered this topic in detail. Some true investigative reporters are subjected to this type of harassment, ridicule, or job loss (or death) when they try to expose similar phenomena. Some of them are afraid of becoming targets. Many targets and reputable authors have concluded that this is state sponsored terrorism.

Why did I create another gang stalking document when there are already several websites? One reason is that the best way to learn something is to teach it. Also, others researching this topic will find it beneficial to have access to multiple approaches to explaining the same subject.

Introduction

Shortly after I left my last place of employment in December 2004 after experiencing the mobbing phenomenon, I began to recognize that I was the target of subtle harassment out in public as well. One such incident that took place out in public, involved a lady who worked in the human resources department of the place I had just left. This harassment was consistent with the **mobbing** I experienced at my previous place of employment. I dismissed these harassment skits as coincidence because I was not aware of the existence of gang stalking groups. I could not conceive of such an idea and had no existing model of reference to compare it to.

Later I learned that there was a name for this workplace syndrome and it even had a name when it leaked out into the community. But now, events in my life that have taken place over the last several years begin to make sense. For the past four years I've kept an audio diary of events that have unfolded in my life. I remember on at least several occasions remarking how it seemed people were deliberately going out of their way to cut me off and invade my personal space. I dismissed these events as random acts of rudeness. I had no idea that these events were a small part of an organized harassment campaign. Now that I'm aware that this is happening, one of these days I'll go through those records to find out how many seemingly "bad luck" incidents may have been instigated by this group.

I recognized the sensitivity tactics used by these groups from a **neuro-linguistic programming (NLP)** seminar I took in my early twenties. This science is used to produce rapid change. Some of the sensitivity tactics used by these groups are borderline-subliminal attacks designed to artificially create phobias using **anchors**. I'll explain how groups use this science later. I came across **Eleanor White's** website www.raven1.net and spent about 12 hours my first day, moving between her site and other gang stalking sites. Since then I have been researching this phenomenon and related subjects with books, documentaries, radio shows, articles, websites, and case studies. This report is a result of my research and my interpretation of my own direct experience with this phenomenon. This is not an easy subject to cover. Also, I'm not a writer, so you may notice grammatical or other types of errors in this document.

How to use this report

If you've ever downloaded anything from the internet, you know that you can't use a file unless it has been downloaded completely. In addition, it is sometimes essential that packets are received in a particular order. I think the same is true when learning occult phenomena.

Webster's 1997 Edition:

Occult:

- 1. of or pertaining to any system claiming use or knowledge of secret or supernatural powers or agencies.*
- 2. beyond ordinary knowledge or understanding.*
- 3. secrecy; disclosed or communicated only to the initiated.*

Learning about gang stalking is like downloading a file that contains time-sensitive packets. So I ask that you temporarily suspend any conclusions until you've received the complete transmission. If you're a skeptic but you have an open mind, you may be surprised to find that your disbelief is eventually replaced with shock and bewilderment.

If you're interested in learning about gang stalking, I'd like to take you on a tour. In doing so I'll explain how this process works, what the double-objective of the group is, what their basic structure is, who's getting paid, how they're able to get away with harassment in public places, why you haven't heard about this on the news, and how multiple people (hundreds) can be recruited to harass a single person. I'll also explain why this international group is a cult. Specifically, a cult with ties to satanism. In order to understand gang stalking it may be necessary to go through a special learning process, almost like learning a new language. This process will probably be uncomfortable.

The new satanists, Linda Blood:

"Criminal acts fostered by malevolent occultism are rooted in a philosophy so alien to normal human functioning that it has to be learned through a form of psychological conditioning that mimics a descent into insanity."

While you're moving through this site some questions will pop into your head. For instance while you're reading the Structure section, you may be saying to yourself, "Yeah, I understand who's doing it, but what specifically are they doing to harass people? Give me an example." Those questions will be answered later in the document to the best of my current knowledge. However, you may want to jot questions down on a piece of paper as you continue moving through the report. I think what you'll find is that most of them will be answered after you've read the report.

But for the questions that remain, you may email me and I'll do my best to answer them. The answer may be a documented fact, or it may be strictly based on my opinion. If it is my opinion, I'll let you know why I arrived at that conclusion. If I don't know the answer, I'll let you know. Please keep in mind, there is much we don't know about this program. Throughout this report I will be referencing the work of doctors, former intelligence and federal law enforcement personnel, as well as researchers in the field of DEWs, cults and state sponsored harassment / terrorism.

Learning about gang stalking may seem like a horror show. It is probably one of the most violent forms of covert torture you will ever learn about. The most disturbing part is that so many people can be deluded, bribed, blackmailed, or threatened into serving something so utterly heinous. It can be appalling to learn what people will do when they believe their cause serves "a higher purpose" and when they have approval from the state. So after viewing this report you may never look at human beings the same way again. Corruption of this magnitude does not exist in a vacuum. So, as we begin to follow gang stalking to its source, we find that it intertwines with other forms of organized crime.

I assure you... gang stalking does exist. And as you will soon see, it is truly evil.

What is it?

Gang stalking is a well-organized, occult form of covert harassment used against an individual. It is done by large groups of people who systematically and repeatedly harass individuals. The people who participate are usually under the impression that they need to keep an eye on a targeted person or drive them out of town for wrongdoings. It often encompasses the use of **directed energy weapons (DEW)** such as **microwave harassment**. This can be a "for-hire" organized harassment service. These groups operate throughout North America and Europe, and exhibit cult-like characteristics. They usually have local numbers ranging in the hundreds. This has also been called gang stalking, cause stalking, community-based harassment, organized stalking, vigilante stalking, vengeance stalking, terrorist stalking, revenge stalking, covert action, state sponsored harassment, microwave harassment, microwave mind control, etc. All of these labels explain the same basic phenomenon. So when I refer to this type of state sponsored harassment throughout this document, I will use these names interchangeably.

"Gang stalking is an occult form of terrorism / mind control used against an individual, in a malicious attempt to reduce the quality of a person's life so they will have a nervous breakdown, become incarcerated / institutionalized, experience constant mental, emotional or physical pain, become homeless, and / or commit suicide. It is done using well-orchestrated accusations, lies, rumors, bogus investigations, setups, framing, intimidation, overt or covert threats, vandalism, thefts, sabotage, torture, humiliation, emotional terror, DEWs, and general harassment. It is a 'ganging up' by members of the community who follow an organizer and participate in a systematic, and ritualistic persecution of an individual. Gang stalking is a destructive criminal program built on deception that exists to serve the intentions of a few who are aware of its true agenda."

This hate crime appears to be a combination of early mind control and harassment programs such as **Cointelpro** and **MK-ULTRA**, as well as gang stalking tactics used by the **KKK**. The objective is to create so much pain in the environment of the person that they are driven to homelessness or suicide. It is used to isolate and remove economical and social support structures, and therefore, destabilize a person's life with the intent to drive them to suicide. Basically it's forever, they never leave you alone. You're followed out of the country, and there is no way to get away from it.

Although it would appear that this is a new phenomenon, it is not. Many tyrannical regimes throughout history have used local harassment gangs to neutralize dissent. Gang stalking is simply another manifestation of this pattern. Although the strategy and tactics employed by these groups are somewhat new, the groups exist to serve the same purpose. I'll explain this in more detail later.

Because most counseling centers and therapists deny the existence of these groups it is impossible to prove just how many cases of depression, anxiety, miscarriage, stillbirths, suicides and people "going postal" are caused by them. This is further complicated since many people are unaware that they're a host to this type of parasite.

Julianne McKinney is a former army intelligence officer and publisher of the widely respected report, [Microwave harassment and mind control experimentation](#). She is the former director of the [Electronic Surveillance Project](#) of the [Association of National Security Alumni](#), which was an organization composed of former intelligence officers dedicated to exposing excesses by the [U.S. Intelligence](#) service. She kept this organization operational for four years using her personal funds. She has about 40 years experience with this subject and has talked with and interviewed hundreds of targeted individuals.

[Microwave harassment and mind control experimentation](#), [Electronic Surveillance Project](#), [Association of National Security Alumni](#), Julianne McKinney, Director:

"The methods reportedly employed in these harassment campaigns bear a striking resemblance to those attributed to the CIA and FBI during Operations MK-ULTRA, MK-CHAOS, and Cointelpro. The only difference now is that electronic harassment and experimentation also appear to be (more blatantly) involved."

The psychological aspect of gang stalking is identical to mobbing, it has the same group dynamics. For that reason I'll make references to mobbing throughout this document. I will also explain these shared dynamics later in the document. The mobbing phenomenon has been well documented and studied in other countries for years. However, it is only now beginning to receive attention in North America. When I speak of mobbing, I'm not talking about flash mobbing, where hundreds of strangers will communicate via cell phone or email to meet at a public place and perform some type of synchronized act, as reported by [CNN](#) and other mainstream media.

The mobbing I'm referring to is committed by multiple people using subtle but repeated harassment which takes place in the workplace and is difficult to prove. It is used to kick a person out of the workplace or even workforce while leaving little trace. The logic is that it is less of a liability for the organization if you "voluntarily" leave than if they fire you. In addition, some organizations with sadistic intentions enjoy it as a form of sport-harassment as well. So their primary intent might not be to drive a person out of the workplace.

For an excellent explanation of how groups of people will not only turn against an individual, but will also participate in the repeated harassment and ultimate destruction of an individual to ensure their own survival, read the book [Mobbing](#). When researching the mobbing phenomenon, the authors discovered that it also took place out in the community. However, when this type of organized harassment occurs out in public, many of those who are aware of it choose to refer to it as the labels previously mentioned. For now you can think of mobbing as small-scale gang stalking which takes place indoors.

[Mobbing – emotional abuse in the American workplace](#), Davenport, Schwartz, Elliot [Book Cover]:

"Until evil is named, it cannot be addressed. This book names 'Mobbing,' a common and bloodless word for of workplace mayhem... An insidious and powerful subculture is thriving in the American workplace. Everyday, in all sorts of workplaces, mean-spirited mobs are forcing capable, hardworking employees to flee from jobs they love. The mobs intentionally target – and ultimately destroy – innocent individuals."

There are several online documents pertaining to subliminal and covert harassment. Although I believe the sources of these documents are dubious and they lack supporting documentation, some of their tactics are consistent with ones used in mobbing and gang stalking. You can find these documents by going to [Google](#) and typing in "subliminal harassment" [without quotes].

Gang stalking is mobbing which takes place out in the community and is much wider in scope. Mobbing is often contained within a gang stalking program, for targeted people who are actually employed. Some people who experience mobbing may also be targeted for gang stalking, although they may not be aware of it. Mobbing and gang stalking both employ repeated acts of emotional and psychological violence.

Homicide in the workplace is increasing. Over the last several years there have been some high-profile cases of people "going postal" and murdering multiple coworkers. Research concludes that violence in the workplace can be a result of mobbing. Apparently the investigators attributed the deaths to stress caused by a diminishing economy, increased outsourcing, downsizing, wage garnishments, and salary reductions. They may not have been aware of the mobbing syndrome. And the corporations that instigated it did not tell them. However, some of these incidents where a person just "snapped" and killed multiple people in the workplace, definitely carried the mobbing signature. It is likely that some of the people who snapped were experiencing mobbing outside of work as well (gang stalking, etc.), although they probably didn't know what was happening to them, or how to explain it.

These instances of mobbing, **gaslighting**, and subliminal harassment backfired, and as a result people were murdered because of an unwritten company policy that condoned and promoted covert harassment. Fortunately, for the corporations involved, these acts of violence were never traced back to them. Unfortunately, some people were murdered because a company used them as pawns to covertly and systematically beat a person into submission.

Furthermore, the media will not report the underlying cause of these killings, which can be traced to mobbing. In many of these cases, the people who snapped seemed to know exactly who they were going to kill.

If you're experiencing mobbing and are actively seeking employment, you may experience **character assassination** which will prevent you from landing another job. If you are also being gang stalked, rumors may be spread about you into the community. These smear tactics work very well if they are being propagated by the **military-industrial complex**. Many of these international corporations have ties to the federal government and may be operated by former **FBI / CIA** or other intelligence personnel. If you are being mobbed and think you're having job opportunities trashed, you're probably correct. It may appear that they are pushing you out the door, but also preventing you from going. It's not necessary for mobbing to precede a gang stalking campaign, but some targeted people have reported that they believe their harassment began as mobbing.

Topic — directed energy weapons and gang stalking, The Investigative Journal, April 19, 2006, Julianne McKinney:

“In the past 15 years since shutting down the electronic surveillance project I had occasion to observe many, many, many instances of individuals in the corporate environment being singled out and targeted simply because they were convenient targets of opportunity.”

It seems that mobbing may be done as a part of a strategy to promote helplessness and set the stage for poverty if you're also going to be targeted for gang stalking. Mobbing is also an unwritten method used to get rid of people that the organization does not want to terminate and deliver a severance package to. In some cases the only alternative is to leave with no job lined up. According to the book *Mobbing*, mobbing sometimes continues even after a person has left an organization. If you will also be targeted for gang stalking, you will most probably be **blacklisted** at that point as well. Unemployment will bring about your demise much quicker and induce homelessness, which is one objective of gang stalking. The mechanism for mobbing is already in place in some corporations, as is the gang stalking program on an international level. Just because someone is targeted for mobbing does not necessarily mean they will also be gang stalked. The mobbing may just be isolated to their work environment.

The process of mobbing and gang stalking seems to work best when the target is unaware or in denial that they're targeted. I call it a process because it seems to have a progression from the start. The more conscious you are of the process, the better you'll be able to survive it. There is much we don't know about this phenomenon.

While there are many similarities regarding the tactics people experience, there are sometimes differences with whom they believe is responsible for their harassment. Each case is different. However, many targets believe that this type of systematic harassment cannot occur without the state condoning it. So this document focuses primarily on the state sanctioned type of terrorism. Mainly, terrorism carried out by a federal agency which is also the origin, or carried out by a federal agency on behalf of a corporation, an individual, or a group with connections. One reason that these gang stalking groups are successful is because they operate in secrecy. These group leaders are counting on you not being able to face the horror of this epidemic.

When you make someone aware of gang stalking, they're presented with a choice. They can believe you and have their world turned upside down. Or they can deny that it exists. Some people don't have the constitution to acknowledge insanity of this magnitude. This type of denial is probably an unconscious protection mechanism that activates in order to prevent a nervous breakdown. Gang stalking is an enterprise, run by field leaders who rally groups, which contain hundreds of people to repeatedly harass individuals with the intent to drive them to suicide.

I realize that I just made a very big statement. But I assure you that it is true. Please continue through so that I can further explain this phenomenon.

Structure

I will be presenting information regarding the activities of federal law enforcement and the intelligence community. The information is well documented. I believe that most federal law enforcement officers do not engage in harassing citizens. Some of them may be aware of the destructive activities taking place within their agency, but since it is condoned from "higher up" there is not much they can do.

Those familiar with gang stalking may explain the main components of this phenomenon in a different manner. But I have broken it down to three major components. The three basic components are:

1. Sponsorship and support that provides funding and uses its influence to allow the harassment to take place.
2. Groups of individuals that engage in gang stalking.
3. **Directed energy weapons (DEW)** harassment.

The field supervisors may be **FBI**, **CIA** or other federal agencies. They may be from the **NSA**. They may also be active or retired sheriffs, or a combination. Many of these organizations now work in unison under the JTTF, and local sheriffs may be working with these agencies.

The funding of some of these gang stalking campaigns come from corporations who use them to stalk enemies, or potential enemies.

The sponsorship and influence may originate from the same sources such as a federal agency. Apparently the sponsorship may also come from a corporation, a group or an individual, that uses (pays for) the influence of a federal agency. These field supervisors basically use their resources and influence as an engine to carry out these harassment campaigns.

The people who carry out contracts for gang stalking represent the interests of the people who supply their funding. In the past some of these federal agencies have subsidized, directed, and protected many types of vigilante groups. They are able to recruit neighbors, friends, and family of the target to participate in the harassment. This is done using lies, threats, blackmail and bribery. During **Cointelpro** these agencies included neighbors, friends, family, employers, landlords, religious organizations in their investigations (harassment campaigns).

Contracts are put out on targets and retired military, law enforcement, sheriffs and other paramilitary personnel place bids on these contracts. The structure resembles a compartmentalized pyramid. It consists of the followers who participate in the harassment, the leaders (field supervisors) who corral them, and financial support at the top of the structure. At the bottom of the structure, the cause outwardly appears constructive, it offers fellowship to people who participate. Most believe that their cause serves a higher purpose.

The compartmentalized pyramid system keeps the organizers and their financiers shielded from group activities. It also keeps the community members at the bottom of the structure ignorant as to the groups' true intentions. The identity of the leaders of these groups may not be known by group members for "reasons of national security."

With federal influence, the passing of the [U.S. Patriot Act](#), unlimited resources, and a vast pool of groups to draw from, these harassment campaigns can be devastating. They are also growing rapidly. The closest thing to this type of organized harassment has been [Cointelpro](#), but this is different, this "New Cointelpro" is much more intense. Some journalists believe that [Cointelpro](#) is back due to the loosening of laws that prevented that type of abuse.

They are correct. In addition, the [New Cointelpro \(The Hidden Evil\)](#), is now apparently being offered as a revenge service to those with the right connections.

[War at home – covert war against U.S. activists and what we can do about it](#), Brian Glick:

"Much of what was done outside the law under Cointelpro has since been legalized by Executive Order NO. 12333 (December 4, 1981)... This prerogative is now expanded to the FBI and anyone acting on its behalf... It legalizes 'counterintelligence activities... within the United States' on the part of the FBI and the CIA, Army, Navy, Air Force, and Marines (S1.8©, S1.12 (d)). 'Specialized equipment, technical knowledge, or assistance of expert personnel' may be provided by any of these agencies 'to support local law enforcement' (S2.6c). All are free to mount electronic and mail surveillance without a warrant, and the FBI may also conduct warrantless 'unconsented physical searches' (break-ins)..."

[Executive Order NO. 12333](#) has been superceded by the [U.S. Patriot Act](#). Unfortunately many [Cointelpro](#) tactics are now legal with the passing of this act. With the passing of the [U.S. Patriot Act](#) they can conduct an investigation on you without having a reason or a court order. Now individual field offices get to decide who they're going to target. That means there is less oversight on these federal organizations that have a history of abusing civil liberties. As one informant once said during the [Cointelpro](#) trials, "the most heinous crimes were never recorded." According to Ted L. Gundersen, it takes less than five minutes to make someone an operative / informant and there is no paperwork, therefore, no trace back to the agency. Also, according to Ted, one out of every ten Americans will be called upon to spy on other Americans in some way.

[St. Louis Journalism Review](#), 15 more best-censored stories of 1998:

"In many countries, multinational corporations have paid directly for private policing services from the local army; or have hired outside security companies to harass nationals who protest against the environmental impact of their operations. The firms involved represent a growing number of new corporate security operations around the world, linking former intelligence officers..."

Many prominent, knowledgeable targets have concluded that this is no longer simply a parallel justice system, but has evolved into a political movement. This is most probably in service to [Globalization](#). Targeted people have reported that everyone from homeless people to white-collar workers has taken part in the harassment. People who have been in trouble with the law are especially easy to recruit into these harassment campaigns.

[Terrorist stalking in America](#), David Lawson:

"A common ruse used by these groups is that they are a citizens' group which assists the police and they are just keeping track of a certain individual, for whatever reason. The illusion is reinforced by the case files they carry which are complete with photos of the target... These gangs masquerade as political or religious groups, but they are private armies. While they have their own targets, which are connected to their political agenda, they are also available, for hire, to corporations and other entities, to destroy or neutralize people."

The book 1996 written by Gloria Naylor is a fictional explanation of a true event. According to Gloria Naylor, some of these things did happen to her. She was gang stalked by groups of people, experienced noise campaigns and attacked by government sponsored perpetrators using directed energy weapons. There is also a nonfiction addendum in her book, which describes how some of these directed energy weapons attacks are possible. Some of the information in that section was written by a man named John St. Clair who worked with the NSA for a period of time. He currently has a Civil Action (1:92 cv 00449) against the NSA for directed energy weapons harassment. This information on covert domestic spying and neutralization also appeared in an issue of Nexus Magazine. I've listed an excerpt of this article below.

[Nexus Magazine](#), April-May 1996:

"The NSA gathers information on U.S. citizens who might be of interest to any of the over 50,000 NSA agents (HUMINT). These agents are authorized by executive order to spy on anyone. The NSA has a permanent National Security Anti-Terrorist surveillance network in place... NSA personnel serve in quasi-public positions in their communities and run cover business and legitimate businesses that can inform the intelligence community of persons they would want to track... Individual citizens occasionally targeted for surveillance by independently operating NSA personnel. NSA personnel can control the lives of hundreds of thousands of individuals in the U.S. by using the NSA's domestic intelligence network and cover businesses. The operations independently run by them can sometimes go beyond the bounds of law... NSA DOMINT has the ability to covertly assassinate U.S. citizens or run covert psychological control operations to cause subjects to be diagnosed with ill mental health... Spotters and walkers-by in Metropolitan Areas... a) Tens of thousands of persons in each area working as spotters and neighborhood / business place spies (sometimes unwittingly) following and checking on subjects who have been identified for covert control by NSA personnel."

Some of these agencies possess knowledge of behavior modification that is not known to the general public. They have demonstrated the ability to influence large groups of people. And they have mastered the art of creating mind control cults that they apparently learned from the Nazis and the Chinese. The fusion of Nazi scientists into some of our hospitals and universities under [Project Paperclip](#) appears to have marked the beginning of this mind control research. Some of the more prominent cults they've created include [Heaven's Gate](#) and [The People's Temple](#), both of which resulted in mass suicide / murder.

[Trance formation of America](http://www.trance-formation.com), www.trance-formation.com, Cathy O'Brien and Mark Phillips:

"During the past three decades, a significant number of religious groups worldwide have been cited by the mainstream news media as destructive cults... Perhaps the reporting new media cannot, for some reason, publicly open the proverbial Pandora's Box. Is it plausible then to consider that closer scrutiny, by the media and the public, of these destructive cults leadership could reveal a solid connection to government sponsored mind control research?"

A private investigator named David Lawson followed these stalking groups for approximately ten years. He concluded that not only were they cults, but they had connections to government agencies, and were in service to corporations. He also found out that tactics that demonstrated favorable results were recorded and used at a later date. When information gained by surveillance is passed on to group members to aid with harassment and the results of the harassment are recorded to enhance future harassment, then this is mind control.

[Psychic dictatorship in the U.S.A.](#), Alex Constantine:

"Despite public pronouncements to the contrary, the CIA is still very actively engaged in mind control research. Communities around the world have been converted into laboratories. Cults in their midst are led by operatives practiced in the techniques and technology of behavior manipulation. And media disinformation conceals the work of this mind control fraternity... The CIA and Pentagon have formed a partnership in the creation of cults. To be sure, the Association of National Security Alumni, a public interest veterans group opposed to clandestine operations, considers it a '[Primary issue of concern](#)' that the Department of Defense has a '[perceived role in satanic cult activities, which qualify in and of themselves as very damaging exercises in mind control.](#)'"

Also, at the federal / military level of these gang stalking groups there is significant drug trafficking taking place. Some of these federal agencies have a history of drug trafficking, organized international pedophile, and human slavery rings. The organized pedophile rings, drug trafficking, torture, mind control and other illegal activities are also carried out by U.S. military special forces such as [Navy Seals](#), [Delta Force](#), [Army Rangers](#), etc.

Some of these activities may be executed more effectively if the people carrying them out are not aware of what they're doing. For instance, some intelligence personnel have been used to carry out cocaine trafficking without being aware of it. These stalking cults are criminal groups and their leaders derive their financing from corporations as well as their connections to other criminal groups.

The new satanists, Linda Blood:

"Satanic crime — in fact, all violent, destructive, and criminal activity associated with malevolent forms of occultism — exists as part of a wider criminal continuum and must be understood and recognized within that context."

Group members at the lower levels are not aware that their seemingly helpful group is one small component of a larger, very malevolent structure. If they were to follow this tentacle up, they would find that it meets at a hub, where other activities originate from. Some international satanic cults seem to be specifically designed to infiltrate major organizations in our society. Gang stalking exists as an offshoot alongside other vile activities at the highest levels, emanating basically, from **satanism**.

Techniques used to silence critics, Ted L. Gunderson FBI Senior Special Agent In Charge (†):

"I am a private investigator (former FBI Agent) who is actively investigating satanic cults. I have developed information that satanic cults... have infiltrated numerous levels of our society including U.S. Intelligence Agencies (including the CIA and the FBI). There are two levels of investigative operations in the U.S. intelligence agencies-overt and covert. The overt operations involve investigators who respond to various federal violations of the law such as bank robbery, kidnapping, extortion, etc., etc. They readily identify themselves to the public. The covert operation involves those who never identify themselves and are involved in harassing and targeting citizens..."

People who participate

This can probably be broken down using various methods. Some are overlapping and others are somewhat blurry. The structure of these stalking groups is open to interpretation. The illustration below is strictly my opinion and does not represent the opinion of other gang stalking targets. It appears that the part of the harassment that takes place out in public has two sections. One is composed of volunteers, and the other people who are paid.

People who participate are city workers, janitors, taxi drivers, security guards, and store clerks. Groups of senior citizens reportedly participate as well. Fire departments, and even some police departments have a long history of participating in these harassment groups. Utility employees and city workers, as well as ambulance drivers may also participate. They may use their vehicles for noise campaigns, synchronization tactics, convoys, brighting, or other harassment skits. Parents who are members of these harassment groups have used their children to participate. Most believe they're public servants, and consider themselves to be investigators who are gathering information to be used against a target. It is possible that these agencies can leverage existing federally sponsored community-policing organizations. If this happens, you will have everyone from children to senior citizens harassing you using the techniques described in the Tactics section.

Microwave mind control: modern torture and control mechanisms eliminating human rights and privacy, report, September 25, 1999, Dr. Rauni Leena Kilde, former Chief Medical Officer of Finland:

"This globally infiltrated organization has 'octopus type' activities in all major intelligence services in the world, working together with the Mafia and terrorists. It has recruited people from all important government institutions, state and local administrations... 'Down and out' people, jobless, freed prisoners, mental outpatients, students and orphans are trained by this organization to harass, follow, and torture innocent people, who for whatever reason have been put on the organization's hit list. They are ALREADY in every apartment block! Deception is the name of the game, so recruits are told untrue sinister stories of their victims to keep them motivated. They have a military order and get rewarded for their evil actions, which include satanism, and symbols and yellow-orange-black colors."

The military is heavily involved, and this harassment is carried out in all NATO nations. Group members work in shifts and some receive pay or favors for their participation. Numerous targeted people have reported that everyone from senior citizens to children participates in the harassment. This is carried out by the federal government, which uses DEWs and members of the community to systematically persecute an individual. These groups may also use directed energy weapons on a target.

Topic — directed energy weapons and gang stalking, *The Investigative Journal*, April 19, 2006, Julianne McKinney:

“Even among TIs there is the perception in certain areas that our Government would not do this... First of all, if this were not being done by our government, congress would step in because of the... thousands of complaints no doubt over the last 10-15 years from citizens who recognize what’s going on... Congress recognizes that these weapons systems exist and ‘funds them,’ and knows as a result of appropriate briefings what the... bio-effects can be. Yet they have passed no legislation prohibiting their use under unconstrained experimental circumstances... Given that these systems draw on existing power grids it would be necessary for the FCC as a minimum, and the DOE as a minimum to have some oversight and control over what is going on.”

People who have been compromised

These people have been called **taggers**. They have been in trouble with the law and have previous convictions, they are simple to recruit. There is no shortage of these people. During the **MK-ULTRA** period, people were recruited into programs after being caught engaged in criminal activity. For instance, a postal inspector would detect a pedophile video being sent through the mail. The postal inspector would then contact **FBI / CIA**. Federal agents would contact this person and he would sometimes be given a choice of either going to jail or cooperating. Some of these people literally sold their whole families into these projects and received compensation. Some were elevated to a high status within their community for their participation. When this type of blackmail happens, these people are given a choice of either facing prosecution or working for an agency as an informant.

This can be done with prostitutes, drug dealers, and other first-time offenders. For the agency, this has the added benefit of having an informant working for them with no criminal record. Parents that have been compromised may use their children in community-based harassment.

Contractors / military

They may be active or reserve armed forces. They may be white-collar civilian contractors that work for federal / state agencies, some appear to have ties to academic institutions. They may also be a private civilian security company contracted by the intelligence community. These are the perpetrators that seem to move in above, below, or next to a target when the harassment begins. These may also be the perpetrators who torture people in their homes from a distance using directed energy weapons. Also, when being followed on a train or plane, it is likely that it will be by this type of perpetrator. These people are probably the ones who keep a watch on a target's residence. This is a part time or full time job for them. They may be operating on lies told about a person. However, they are being paid to carry out harassment.

Community-policing and other local organizations

Targeted people across North America have reported that they believe that local community-policing organizations are participating in gang stalking. Although I believe this as well, I am not aware of any proof in either testimony from a group member, or in physical form, that confirms this belief.

Someone recommended that a target should join one of these organizations for confirmation. This would be very difficult due to the tight system of control setup on targeted individuals, which includes 24 / 7 surveillance. There is not an organization that a targeted person, or his friend / family member could join without these organizers being aware of it.

However, just because it cannot be proven doesn't mean that it's not happening. Due to the sheer numbers of citizens now participating (many of them seniors and youths), one can conclude that organizers are drawing upon groups which contain large numbers of people. These groups are then recruited into some type of a community-policing program. The federally sponsored community policing programs are then used by a federal agency or an official acting on their behalf.

For instance, part of the **Weed And Seed** program calls for a collaborative effort between local, state, and federal agencies, as well as community organizations, social services, private sector businesses and residents, to "weed out" undesirable individuals.

These citizens are endowed with a sense of responsibility and are confident that a program sponsored by the **DOJ** must be moral and legitimate. But lacking historical knowledge, they are unaware that they may be playing a small role inside of a larger program of state sponsored terrorism, against those the establishment has deemed undesirable.

Middle schools, high schools and Universities are fertile recruiting grounds for junior policing groups. Some of these policing groups are restricted to school grounds while others are not.

They are basically training members of the community as "organized government informants" to spy on and monitor their neighbors. Some of these people may be recruited into **VIPS, NWP**, or other programs under **Citizen Corps**. These community-policing volunteer programs are all sponsored by the **Department of Homeland Security**.

According to the [FEMA](#) website and news articles, one in 24 Americans will be engaged in spying on citizens. But what does monitoring really mean? Well traditionally it has meant harassment of some type. This is organized insanity.

TIPS appears to be a bulked-up version of a community-policing program. Even though the **TIPS** program was officially rejected by congress, it and similar programs are being used aggressively across the nation. These programs have lots of different names, **TIPS**, **VIPS**, **Weed And Seed**, **Cat Eyes**, **Talon**, etc. But who is the threat? According to some of these documents it means criminals and terrorists. However, the definition of a terrorist in section 802 of the **U.S. Patriot Act** is frighteningly vague. Basically it defines terrorism as any action that endangers human life or that violates state or federal law. Historically, similar programs have been used on political dissent, activists, and whistle-blowers. The East German **Stasi** recruited citizen informants as a requirement for security and proof of their loyalty to the party. It was later discovered that the regime had even recruited informants to spy on their own family members.

[US planning to recruit one in 24 Americans as citizen spies, Sunday Morning Herald, SMH.com.au](#), Monday, 15 July, 2002, by Ritt Goldstein:

"The Terrorism Information and Prevention System, or TIPS, means the US will have a higher percentage of citizen informants than the former East Germany through the infamous Stasi secret police... TIPS volunteers are being recruited primarily from among those whose work provides access to homes, businesses or transport systems. Letter carriers, utility employees, truck drivers and train conductors are among those named as targeted recruits... informant reports will enter databases for future reference and / or action... The information will then be broadly available within the department, related agencies and local police forces. The targeted individual will remain unaware of the existence of the report and of its contents."

There are military exercises taking place across the country using a combination of soldiers, civilians and local police. During some of these exercises they have the military conducting searches and interrogations using civilians volunteers. There is footage available that shows children acting as scouts and riding around on their bicycles to help detect houses where potential gun owners live.

We know that during these drills they have role-playing exercises where the soldiers arrest citizen volunteers with plastic handcuffs and seize their firearms. They have these volunteer actors use phrases such as "We want food," "I'm an American," "Please don't take my gun," etc. This is probably done in order to desensitize the soldiers, so they wouldn't feel pity or shame for arresting American citizens, seizing their guns and putting them in camps.

Gang stalking group members receive training on a variety of activities that they are to perform without question. At this point we don't know where, or for how long their training is. But it is likely that there are similar role-playing exercises to desensitize them, and that they are given canned responses to anticipated remarks such as "Stop harassing me," "You were lied to," "Why are you harassing me," etc. It is possible that they also engage in skits where they witness people breaking down or fainting in front of them, as a result of being systematically mobbed out in public. Once more, there is much we don't know about these groups.

However, we do know that some of them receive some type of training that is apparently designed to put their conscience aside when harassing targets. When you combine certain desensitizing drills with lies, you can get some people to do things that they normally would not do. These people are basically the unwitting equivalent of the Nazi **Brownshirts**, but they wear plain-cloths and instead of physical harm, they use psychological violence.

Terrorist stalking in America, David Lawson:

"Most group members have only a general idea of the ideology of the group but they don't particularly care. They are having fun with their friends and that fun involves stalking and harassing various targets... They believe that they are justified in engaging in these activities because of the 'higher purpose' of the group... Most never know the true purpose of the group."

I don't agree with everything David Lawson has to say about gang stalking groups. And although he may not have had an understanding of the entire scope of this system, I do agree with some of the information he has provided. Also, there is a correlation between the groups that participate in gang stalking mentioned in the book **Terrorist stalking in America**, groups recruited into the community crime-watch programs, and groups that targeted people across the country believe are participating in community-based harassment. This suggests that some community-crime watch programs are being misused.

The community volunteers can be further broken down into smaller groups:

- Religious organizations.
- Senior citizen groups.
- Restaurants, merchants, retail stores.
- Neighbors.
- Students in high school or college.
- City workers.
- Children of parents who participate.
- Janitors.
- Landlords.
- Fire departments.
- Ambulances, utility, and postal vehicles.
- Taxis.
- Police.
- Local ethnic or cultural organizations.

Some of these people are from organizations that you think would know better. Leuren Moret, a geoscientist and president of an organization called [Scientists for Indigenous People](#), is currently targeted after becoming a whistle-blower at [Livermore Lab](#). She discovered that more than 500 people experienced similar mobbing at the [University of California](#) and had their lives and careers destroyed. She wrote a well-documented report titled, [Uncovering the truth about depleted uranium](#) where she explains how her child was even targeted and harassed by schoolteachers. Here she refers to gang stalking as mobbing.

[Uncovering the truth about depleted uranium](#), Leuren Moret:

“‘**Mobbing**’ is the purposeful and strategic institutional gathering of all information about an individual by using any method legal or illegal. Contact for this purpose is made with neighbors, classmates, former partners, family members, former employers, teachers, church members, good friends and even your family tree... everything must be known about the support system around you that makes your life possible. The assessment of strategic resources and future income (finances, mobility, cars, insurance, credit cards, bank safety deposit boxes, post office boxes, wills, health records, birth certificates, transcripts and photographs) is made without your knowledge. The purpose of mobbing is to drive the target individual out of the job force for the rest of their life; the bigger goal is to drive them to the ultimate self-destruction: suicide. The information gathered... is used to take your life apart... and to attempt to make you look crazy. Your children are harassed, they come home with belongings missing and stories of teachers harassing them...”

Young people can also be recruited with "Displays of Power." For instance, they'll be told by a group member that a fire engine will pass by with their sirens and lights on at a particular place and time. The youngster will be impressed after witnessing this, and after several of these displays he may become indoctrinated. There are **SAVE / WAVE** crime prevention programs being implemented where children are given money and gifts for reporting the suspicious activities of classmates and sometimes even parents!

According to talk show host Alex Jones, the school boards in North Carolina repeatedly rejected this program, but the mayor was given a 112k grant (bribery?) to implement it. Jones also says that although these programs appear to be a relationship between two private entities (the schools and Pinkerton security), they can be directly linked to the **FBI** and the **BATF**.

Most major restaurant, and retail store chains are aware of the process. Employees, clerks and / or managers of these establishments may participate. This participation includes some of the tactics outlined in the Tactics section of this site such as noise campaigns, collision tactics, sensitivity tactics, poor service, etc. Some of the smaller stores are not yet converted, but are always brought into the harassment if a targeted person frequents that store. These stores and restaurants may not take part in the harassment outside of their establishment, meaning, they are not active cult members, and may only participate as needed within the store.

I have spoken with some managers at stores and restaurants regarding the harassment that I experienced in their establishments. Some said they'd never heard of it, and took my information (flyers, business cards). However, some knew what I was talking about. In fact two store managers told me "We always cooperate during investigations" as I presented my material to them. One clerk in a retail store refused to let me post my flyer but told me twice, "You're not going to stop this." He then told me that in some countries "people die" for doing what I was doing. This was not a threat, he wanted to be helpful and was warning me.

Another manager at a shopping center in Boston told me that he had heard of gang stalking. As I explained to him how it worked, he shook his head in agreement. He seemed to know exactly what I was talking about. I handed him a business card and told him that I used to live in the area. I also told him that I knew his store participated in harassment. As I said this he did not agree or disagree with me, he was silent. He seemed sad.

Neighbors will also be recruited into these harassment campaigns and one of their houses or apartments will be used as a base of operation.

Terrorist stalking in America, David Lawson:

“In order to establish bases of operation, they will enlist the assistance of neighbors. In many areas, they can do this by intimidation. Those who do not cooperate can be targeted... If they are dealing with individuals who do not know them, they can also appeal to their sense of patriotism and they can offer drugs, friendship, home repair, free taxi rides and whatever else they have to. In some cases they may even be able to get a key to the residence from a ‘patriotic’ landlord.”

Most people who participate in gang stalking don't seem to care what the true agenda of the group is as they are having fun with their friends, while getting some of their human needs fulfilled. This is appealing to young people (and old) because they need to be endowed with a sense of responsibility.

Group members may not be aware of the activities of other groups that make up the harassment campaign, or what other activities their leaders may be engaged in. For instance, members of a senior citizens organization may harass a target while he's at a park with sensitization, collisions / crowding, or other types of street theater, while members of a different organization will be torturing a person's pet, committing small acts of vandalism, making sure a person remains blacklisted, and hitting them with DEWs.

Some targets have reported being stalked by police cars. Some federal law enforcement agencies have historically used local police to harass citizens. Law enforcement is aware of this, and like other organizations they are accessory to its coverup.

Law enforcement personnel across the country have acknowledged (off record) the existence of these groups. Some police and judges may even be harassed by these groups. The idea that this is state sponsored terrorism is very scary to consider. Some targeted people have also been in touch with law officers that have come forward and said that they have been told by higher-ups to stand down, and if at all possible, label someone complaining of gang stalking as mentally ill.

There are numerous people across the nation, including some credible former intelligence officers, who claim that friends and family members have turned on them. Some people also say that they've actually been participating in the harassment campaign. They are probably not delusional and are telling the truth. How can a good friend or relative be recruited into a harassment campaign? Simple. They can be lied to, intimidated, or blackmailed into becoming an informant during a bogus investigation and then given a gag order and threatened with jail time if they mention anything about it. Remember, one in 24 citizens are being called upon to be informants anyway, so recruiting 10 or 50 friends / relatives of a targeted person is not a difficult thing. The participation of friends and family in these harassment programs has been echoed by many targeted people. Of course there is the argument that these people must be mentally ill. But their stories are strikingly similar. So are they all mentally ill? I don't think so. This system is designed to destroy lives and represent the targeted person as suffering from mental illness.

The surveillance-industrial complex: how the American government is conscripting businesses and individuals in the construction of a surveillance society, The American Civil Liberties Union, www.aclu.org, August 2004, written by Jay Stanley:

"The recruitment of informants for particular investigations has long been a key tool of law enforcement, but only under the most oppressive governments have informants ever become a widespread, central feature of life. The East German Stasi, for example, not only employed 91,000 full-time workers, but also recruited from among the citizenry more than 170,000 non-professional informants, or as many as one in every 50 citizens, to spy and report on their fellow citizens. Stasi agents even used blackmail and other pressure tactics to get people to spy on their own family members... A massive effort is under way to turn regular Americans into untrained government monitors."

Very decent people can be made to turn on you with lies. I have witnessed this both with mobbing and gang stalking. Remember, most people are heavily identified with their job and consider losing it as a type of death. If groups of people will participate in mobbing out of fear of losing their job, think what they'll do if someone from homeland security shows up at their door. Neighbors, friends, and some family will turn on you if they've been lied to and there is an underlying fear that their personal survival is at stake. Think about how you would react if members of the NSA were to show up at your home, and tell you that a friend or relative is under investigation. What would you say if they asked for your help in the investigation? Would you say, no I'm sorry I can't help you? I don't think so. You would probably help them. If you agreed, which you would, you could very well be recruited as an informant and given a gag order.

Now consider this scenario: You're at work tending to a project and your manager pulls you aside and tells you that homeland security officers would like to speak with you in the conference room. How you would react? What would your state of mind be as you headed toward that conference room? How would you feel as you walked into that room and saw two men in suits with a briefcase on the table? Most people would be so intimidated that they would assist. After you agree to participate, you are told that under no circumstances are you to speak of the investigation. You may also be threatened with jail time either verbally or through innuendo.

Then after they've recruited you as an informant, these organizers can easily co-op you into harassing someone. They may give you acts to carry out or phrases to mention when you're in a targeted person's presence. You may be told that these acts / phrases are designed to let the person know that they're being watched, so that they don't follow through with whatever crime they're being investigated for. These acts and phrases will be linked to information in their personal life that these perpetrators received through surveillance. Some of these phrases or acts may even seem small and harmless to you, but to the targeted person they can be very painful. These acts and phrases, coupled with all of the other harassment that a targeted person is receiving can be a form of covert torture.

It has been said that the best way to conceal disinformation is to hide it within some truth. So these friends / family members may be given helpful and truthful information as well in order to gain their trust. Friends and family members will probably not be told that every major area of your life is under attack and that you're receiving systematic harassment from many directions.

People that cannot be easily lied to or intimidated can be blackmailed. Even law-abiding citizens can be profiled with an extensive background check for bad habits and weaknesses that they can be blackmailed for. If a background check reveals nothing, they can create something using ordinary citizens (informants) that have no direct ties to the agency. These ordinary citizens may have been previously setup themselves, or may have been bribed. This setup can include a staged event which results in accusations of rape, sexual assault, child molestation, etc. And there will be plenty of witnesses...

Then your friend or family member will be given a choice: assist or face prosecution and have their life ruined. This is how a decent person can be used in a campaign that ultimately results in the homelessness, incarceration, or suicide of a friend or family member. If you don't believe these federal agencies would use informants to help frame someone for a crime, and then have it covered up for "reasons of national security," think again. This was standard procedure during the old **Cointelpro**. Also, they openly admit that they use informants who commit crimes.

Family members whom you have a shaky relationship with can be bribed if they are greedy or in financial ruin. Naive ones or youngsters can be lied to by appealing to their sense of patriotism. When gaining cooperation in this way, these friends / family members may be fed some truth, then some small damaging lies can be thrown in.

It is my belief that the above description is fairly accurate. These tactics are designed to beat people into submission, isolate them, and remove support structures. It is documented that some of these agencies have generated pressure on targeted people using friends, family, and places of business, and that some investigations were designed to drive some people to suicide.

The involvement of acquaintances and family in these "investigations" may not just serve to harass, confuse, and isolate someone. I believe it also serves as a strategy to discredit a person. After all, acquaintances and family would never participate in the systematic harassment of a targeted person, so someone complaining of such an ordeal must be mentally ill. This is simply one more layer of discrediting built into this harassment program.

Historical data shows that agencies would harass targets through a number of channels. Some documented psychological warfare tactics include: false media stories, bogus leaflets, and other publications, forged correspondence, anonymous letters and phone calls, tampering with mail and telephone, disinfo campaigns, and using people in a target's personal life such as parents, children, spouses, landlords, etc. to generate pressure (harassment).

War at home – covert war against U.S. activists and what we can do about it, Brian Glick:

"FBI records reveal repeated maneuvers to generate pressure on dissidents from their parents, children, spouses, landlords, employers, college administrators, church superiors, welfare agencies, credit bureaus, and the like... They may try to threaten or intimidate you by pretending to have information about you: **'We know what you have been doing, but if you cooperate it will be all right.'**"

I don't know if this has been implemented but there was an attempt to integrate former [Stasi](#) secret police into [Homeland Security](#). I hope that this has not happened, but there was an article titled, [Ex-KGB and Stasi chiefs to work under Chertoff](#), by the [Foreign Press Foundation](#) | December 16, 2004. The article explained how the U.S. would pay these bandits to help co-op citizens into participating in state sponsored terrorism. I do not know if these men have been fused into homeland security, but this gives you an idea of the mindset of the establishment and how they're attempting to expand upon this program. Below is part of a conversation taken from a [U.S. Department of State daily briefing](#), which the article is based on.

[U.S. Department of State daily press briefing #87](#), June 9, 1997, excerpt:
"QUESTION: Do you have anything on the visa situation of Mr. Wolfe, of the former East Germany? MR. BURNS: You know, I think I do have something on that, George, and I'm glad you raised that question. Yes. We're talking about Markus Wolfe, the former head of Stasi, right? The East German police. He was the deputy minister of state security for East Germany. He was the head of the ministry's foreign espionage branch. He actively aided and abetted and fostered international and state-supported terrorism when he was an East German government official..."

It appears that what we're seeing is the implementation of [the system] that will be used to silently neutralize all people that the state has labeled undesirable. One important point is that all major dictatorships throughout history have used these citizen harassment gangs to neutralize people on the local level. There is nothing new here. This is the same exact pattern repeating itself. Some very reputable researchers with decades of experience in this area have concluded that this may be the onset of a holocaust.

When these harassment programs have started out in other countries such as Russia or Germany, they always begin with a positive intent. They always target undesirables. The state makes it acceptable and / or encourages the harassment of people. They get the children involved. Then they move onto groups of people that do not approve of their corruption. They demonize these non-violent, non-criminal groups by linking them with a previously accepted undesirable group.

Anyone that disapproves of policy or is a threat to a corrupt establishment is labeled anything that will assist with their neutralization. These harassment groups are growing tremendously. It would be frightening to think what they would be like with the head of the former [Stasi](#) assigned to [Homeland Security](#).

Topic – directed energy weapons and gang stalking, The Investigative Journal, April 19, 2006, Julianne McKinney:

“I’ve seen a tremendous expansion of these activities since the early 1990s. It has moved forward in consistent fashion, and become evermore sophisticated and evermore widespread.”

Tactics

As previously mentioned, these groups are nothing new. They are a recycled manifestation of an existing phenomenon. But there are some important considerations regarding the operations of these groups. They are: purpose / goal, strategy and tactics. The goal remains the same, which is the neutralization of opposition and dissent. However, instead of physical intimidation, the creators of this system have apparently adopted a "hands-off" strategy, presumably to aid with plausible deniability and to keep these groups operating in secrecy. Also, the tactics within this new strategy have changed, and are now hidden with the use of and DEWs and the borderline-subliminal attacks evident in mobbing and gang stalking. The creators of this system have established a virtually traceless protocol for murder.

There is a basic protocol that they begin with which is consistent in NATO nations. It begins with surveillance so that a person's personality traits can be cataloged. Everything including their religion is factored into it. At a later point, they are singled out for preliminary stages of harassment, which includes gang stalking, entry into homes and apartments. This gang stalking is apparently used to "soften up" a targeted person for the eventual assault with directed energy weapons (DEWs). The DEW harassment gradually increases to extreme conditions. This pattern has unfolded consistently.

Topic — directed energy weapons and gang stalking, The Investigative Journal, April 19, 2006, Julianne McKinney:

"There is a basic protocol that the perpetrators begin with. But the TI contributes to the modification. Targets are constantly monitored and if a target responds emotionally to a particular trigger, that will be built into the protocol. If the target displays a certain sense of guilt or embarrassment about a subject, that will be built into the protocol. It's an ongoing process."

Some of the gang stalking tactics used in these programs are borderline-subliminal, which is why they are so difficult to detect, explain and defend against. It is my goal to make the unconscious, conscious. This is a multi-dimensional stalking program. Many of these tactics are a type of mind control. Please keep in mind that most people are unaware that they're targeted.

Subliminal mind control, John J. Williams:

"Therefore, in most cases, if you are being subjected to a secret and involuntary subliminal experience it is a malevolent, sinister and often dangerous attack against you that you have every right to vigorously oppose and thwart as if you are a POW or someone has broken into your home to rob you of what is rightfully yours. In fact they have broken into your mind and are trying to rob you of your free will. Even in cases where there is actually an intended positive outcome..."

Rather than using a blunt overt attack against a fully functional person, they usually attack from the inside, and conceal their harassment by using existing events that occur naturally. However, it is probably statistically impossible for some of these staged events to occur as often as they do. They conceal much of their harassment using what appears to be a simple formula applied to these events. The basic formula is as follows:

1. **Frequency.** Describes how often an event occurs. It also pertains to the number of acts within a single event.
2. **Duration.** Pertains to the length of a single event. It also pertains to the nonstop nature of the harassment in general.
3. **Intensity.** The amplification of the acts such as sound, sight, crowding, etc. within an event.

A theoretical example of a car door slamming event:

One neighbor arrives and two others leave. As they're tending to their vehicles there is the repeated opening and shutting front / back doors and trunks, alarms going off, and beeping from alarms being turned on. These disturbances emanate from areas surrounding your house. This may happen simultaneously, or they may be strung together, one right after the other. Even if a single individual is arriving / leaving, standard practice seems to be multiple slams (trunk, back seat, driver's door). The whole event takes about 5 minutes. This may be synchronized with your activity, such as your arrival or departure. The event may also be a part of a noise campaign consisting of an alteration of other types of noises, which may last a portion of the day or all day.

Synopsis

1. **Frequency.** Ex: Multiple, repeated doors / trunk slamming from cars, even if a single individual is at the vehicle. This event also happens many times throughout the day.
2. **Duration.** The event lasted for 5 minutes, longer than normal. In addition to length of the event being extended, the number of times each act occurred within the event was increased.
3. **Intensity.** Each individual act of door / trunk shutting was amplified by the deliberate slamming of each door to produce a louder than normal noise (Intensity).

In essence, the event was louder, contained more activity (acts), and lasted longer than normal to produce a well concealed covert attack. This basic formula is used with many of the tactics outlined below. The frequency and duration formula are also used in mobbing tactics. In addition to the overuse of an individual tactic, these tactics are combined and used in a round-the-clock fashion, which amplifies their potency. Some of these tactics are categorized as street theatre. Street theatre takes place when perpetrators harass you out in public using information about your personal life which was gleaned by surveillance.

Some of these tactics are deliberately designed to make someone appear as though they're suffering from a mental disorder. This, coupled with the fact that most targets are so emotionally drained and can't properly identify or explain what is happening to them makes them fish in a barrel. According to the **DOJ**, mental tactics designed to cause psychological harm must last for months or years before they constitute torture. Gang stalking fits this description. Countries around the world, including the U.S., have used doctors to help abuse people, often for political reasons. It is also a documented fact that there was collaboration between doctors and the military when experiments were carried out in prisons, hospitals, and universities on unwitting people.

Journey into madness – the true story of secret CIA mind control and medical abuse, Gordon Thomas:

“What remains for me the most disturbing aspect of my investigation is that even as I write, and later when it is read, there are physicians who continue to participate in torture... Nothing I had researched before could have prepared me for the dark reality of doctors who set out to deliberately destroy minds and bodies they were trained to heal. The realization that physicians are part of a killing machine provokes a special horror.”

The **DSM-IV** is a diagnostic manual for identifying mental disorders. It is periodically put out by the **APA**. You don't need to purchase one of these manuals, as it is also available online at the following sites:

www.psychologynet.org/dsm.html

and

www.psychnet-uk.com

Here's what happened: They collaborated with mental health specialists and designed a harassment program around key paranoid delusional symptoms outlined in the **DSM-IV** manual, so that a target will appear ill when explaining this to a mental health professional, and friends / family. It is one of several layers of protection used to help keep groups operating in secrecy.

Microwave mind control: modern torture and control mechanisms eliminating human rights and privacy, report, September 25, 1999, Dr. Rauni Leena Kilde, former Chief Medical Officer of Finland:

"The Psychiatric Diagnostic Statistical Manual (DSM) for mental disorders has been a brilliant cover up operation in 18 languages to hide the atrocities of military and intelligence agencies' actions towards their targets. The manual lists all mind control actions as signs of paranoid schizophrenia... all medical schools teach their students that the person is paranoid, ESPECIALLY if he believes intelligence agencies are behind it all. Never is the medical profession told that these are routine actions all over the world by intelligence agencies against their targets."

Investigations

The bogus investigation appears to be the platform used to launch the smear campaign and remove a person's support structure. Bogus investigations using a person's friends, family, and employers appear to be a standard part of the gang stalking package. This is done to isolate you. Friends, family members or employers may be given a gag order and told that under no circumstances are they to tell you that an investigation is being conducted.

The people who organize these harassment programs will try to assassinate your character. They will carry a case file on you that they will use for character assassination and to gain community support. When recruiting neighbors they will probably show them this case file and indicate that you are the target of an investigation. This case file will contain a combination of half-truths, setups and outright lies. The case file may contain information about a person or people who have complained about you. These are most likely informants (civilians paid or given favors to help frame you). Or they may simply say that you're under investigation but they can't disclose why for "reasons of national security." The "reasons of national security" blanket has been used by some federal agencies to help frame people for crimes as well as cover up mind control and torture.

Their informants may be a single person used to help frame you, such as a tagger. Or they may be multiple people, perhaps related to each other. Again, these stalking groups usually have hundreds of local members. During **Cointelpro**, there were routine setups, and fabricating of evidence used to destroy a person's character or have them imprisoned. They may string together arbitrary pieces of unrelated incidents from your past and arrange them in such a way that it paints an extremely bad picture of you when gaining support of your neighbors, landlord, family and friends. They can recruit stores and restaurants using the same method, and they may even have informants working in these establishments. Remember, one in twenty-four citizens will be called upon to be an informant.

Their case file of you may indicate that you are a probable rapist, pedophile, drug dealer, prostitute, terrorist, or racist, that they are investigating. Or they may tell these people they can't say why, for "reasons of national security." They'll be told that they will be doing their country / community a great favor by cooperating. However, labeling someone a pedophile seems to be quite common.

They will set up a base of operation in your neighborhood to conduct surveillance. This will probably be next to your home or apartment. They will sublet, lease, rent property above, below or to the sides of your living space to do this. Money is no object as they have an unlimited budget. Half-truths, setups, and outright lies WILL be used. If you're a gang stalking target, the investigation is not a means to an end, it is an end unto itself.

Surveillance

Terrorist stalking in America, David Lawson:

“Surveillance (sic) on a residence by using triangulation. They watch it from three different positions... Surveillance is conducted 24 hours a day, 7 days a week. When a target leaves his residence they will alert the group, either by cell phone or business band radio. Other members, who are patrolling the perimeter... will race to the location to begin pursuit... They patrol the area they live in 24x7... When they are riding around in their groups they feel invincible... Following and harassing various targets is part of their daily activities when they are on patrol.”

If you're targeted, the group will be watching your home from their bases of operation using triangulation. Neighbors will be told that they'll be doing their country a great favor by allowing them to occupy space in their home until the investigation is complete. If neighbors don't cooperate, they may be targeted, or audited by the IRS. During Cointelpro the IRS was used for harassment.

Devices such as radar flashlights and millimeter wave devices, like the ones used at airports may be used. The Life Assessment Detector System (LADS) developed at Georgia Tech was apparently created to rescue people trapped in rubble, avalanches, or other disasters. It has a range of about 135 feet and can detect heartbeat and respiration. It can also be configured to track a specific person's movement inside a building.

SoldierVision A1, a radar flashlight, has a standoff distance of 30 feet and can detect motion behind a wall at 30 feet as well. These flashlights have been steadily researched using military and university testing labs since the 1990s. Raytheon is working on a Through The Wall (TTW) technology that will allow the device to wirelessly transmit output to a laptop up to 300 feet away. Some of these flashlights display images in 3D format, can detect respiration, and can see through, wood, brick, plasterboard, glass and concrete. Remember, this is a professional harassment service run by former or current military or federal law enforcement. They have the latest “everything.” If you're being targeted, you may also be bugged and your phone may be tapped.

The professional paranoid — how to fight back when investigated, stalked, harassed, or targeted by any agency, organization, or individual, Michael Sweeney:

“They would think nothing of throwing dozens of people and vehicles into an operation, planting a dozen \$80,000 bugs, buying or leasing property nearby, or other equally expensive contingencies.”

Smear campaign

The bogus investigation may be used to launch a smear campaign. Lies and character assassination may be used. These lies will be very strategically and deliberately spread into your personal and professional life. Informants may be used to help facilitate the insertion of these lies. The usual rumors spread about a target are that he is a pedophile, prostitute, terrorist, racist, anti-government, mentally ill, rapist, drug addict, or drug dealer. Rumors will be spread to neighbors, friends, family, employers, etc.

When gaining support in the campaign they may include pictures or statements made by someone who is accusing you of something. During **Cointelpro** some investigations were done for the sole purpose of discrediting and smearing targeted people and groups. Although gang stalking campaigns are much wider in scope than **Cointelpro**, we now know that these agencies will engage in character assassination. These statements will be from group members or informants that have been paid to help set you up. Personal and professional opportunities may be trashed. At this point you may also be mobbed out of the workplace and become unemployed. You will never have a chance to refute these lies, as they will be propagated behind your back by multiple people. Some of the people spreading these lies may be acquaintances and / or family members that have been recruited (lied to, intimidated and blackmailed) as informants.

Gaslighting – how to drive your enemies crazy, Victor Santoro:

“The essence of defaming your target with rumors is it that it not gets back to him.”

The reason that labeling someone a pedophile is common is because it is probably one of the worst rumors you could launch against someone. There have been multiple magazine and newspaper reports of pedophiles being harassed by neighbors, and vigilante groups to the point where they are driven out of communities and forced out of work. Some have been driven out of multiple states. The people who participate in the harassment may be told that the target needs to be driven out of town so that he doesn't get to do what he did in the last town.

Quote from a group member in **Terrorist stalking in America**, David Lawson:
“We are a citizens group that helps the police. We are trying (sic) to alert people in the area about this person, before he gets to do what did (sic) in the last place he lived.”

The organizers realize that labeling someone a pedophile will be most damaging and give them optimum leverage for gaining community support.

An article in the [Toronto Star](#) titled [Vigilantes versus pedophiles](#), Sunday, August 8, 2004 outlined how one citizen's group called [Perverted Justice](#) www.perverted-justice.com, would begin a campaign to expose people that they have concluded are potential (wannabe) pedophiles. I am not indicating that [Perverted Justice](#) is being used as a supplement to assist federal law enforcement, or the intelligence community with gang stalking campaigns. My point is to illustrate the mindset of some groups of people who have reason to believe a person is a pedophile. The [PJ](#) group is run by Xavier Von Erck (real name Phillip John Eide).

Upon visiting a site called [Corrupted Justice](#) www.corrupted-justice.com, I discovered that members of [Perverted Justice](#) have endured trauma such as incest or other forms of sexual abuse and are suffering from a variety of mental illnesses. The [Corrupted Justice](#) site obtained this information from member profiles which are publicly available, and located at the [Perverted Justice](#) website. And according to [CJ](#), Eide is on record saying that more than 40% of his followers have endured this type of sexual abuse.

The [CJ](#) site also has some very interesting message board chats (publicly available) by [PJ](#) members that are worth a look. Apparently the [CJ](#) people have documented proof that members of [PJ](#) have hacked into their web server. The [CJ](#) people are for the full prosecution of potential sex offenders by using law enforcement equipped with the checks and balances built into the legal system. The [CJ](#) group basically says that although the [PJ](#) system appears to be beneficial, it is heavily corrupted.

Most [PJ](#) "busts" do not include law enforcement. According to the article in the [Toronto Star](#) and the [CJ](#) website, the volunteers at [PJ](#) instead begin a relentless campaign to expose people they believe are pedophiles by calling friends, neighbors, children, places of employment and ruining personal and professional relationships. [PJ](#) is listed as a potential destructive group by the [Rick A. Ross institute for the study of destructive cults](#), www.Rick-Ross.com

It appears that some [PJ](#) members have a psychological need to feel powerful and meet that need by displaying to the public and their targeted person how they can destroy a life. I believe that some of these volunteers are ill and have latent sadistic intentions despite their "patriotic" motives. Apparently some of them receive a sick type of enjoyment / empowerment by ruining the lives of people. Both sites are worth a look at www.perverted-justice.com and www.corrupted-justice.com

Character assassination is standard and group members may call to inform the police that a target is performing something illegal such as drinking and driving. This type of "community service" is known as **rat fucking**. It is the author's belief that group members will also masquerade as "concerned citizens" and call local officials to register destructive complaints (lies / set-ups) about a targeted person. Having a person rat fucked in this way can be very damaging, especially when the complaints originate from multiple, seemingly unconnected individuals.

Thefts and break-ins

This happens in and around the home as well as the workplace if the target is fortunate enough to be employed. Thefts may be reduced to small inexpensive items. But some targets have reported jewelry, passports and other important items stolen. Small things such as pens, shoes, and silverware are taken or tampered with so that you will seem delusional if you report this to the police. The logic is that a thief would never break into your home and leave a computer, stereo or other valuables and just steal a toothbrush, or pour out a portion of your milk.

There is usually no sign of forced entry. This is the case even if there is a hi-tech security system in place. Psychological warfare tactics are sometimes employed such as moving bits of furniture or clothing slightly out of place. Items may be stolen and brought back at a later date, and they may move items and place them in a slightly different spot. This is done to let you know that they've been in your home. These cults are obsessed with all aspects of a targeted person's life. Personal items may be passed around to group members and are apparently symbolic of the control the group has over their target.

Gaslighting tactics may be employed such as filling your gas tank, or substituting items of clothing with ones one size smaller. Targets have reported clothing being ripped, milk, coffee and other items poured out, and small-scale damage.

Surreptitious break-ins, thefts, sabotage and planting drugs, bugs or other items in people's homes and offices were a staple part of **Cointelpro**. They may also take items from your car and plant them in your home, and vice versa.

Framing

This can be done over the Internet with Trojan horse viruses. Since they have federal connections, they do have the ability to frame a targeted person for crimes out in public as well using informants. Any weakness a person has can be used in one of these setups. A person may not be aware of some of these setups, but they may be added to a case file to assist with the smear campaign. They may try to provoke a confrontation when mobbing you out in public.

Terrorist stalking in America, David Lawson:

“Group members also try to entice the target to assault them, but this is never done without having witnesses present. The criminal conviction of the target, following the testimony of numerous concerned citizens can be followed by a civil lawsuit.”

Sabotage and vandalism

This happens at home and in the workplace. Electronic equipment may constantly be failing. This may be accomplished with the e-bomb or a similar device. Projects you've worked on the previous day may become "broken." Many times this vandalism is usually just below what you'd report to the police. For instance, a small but noticeable portion of your masonry has been chipped off, and a crack has appeared in one of your windows. Again, frequency and duration. This may be restricted to minor vandalism, just to let you know that you're being stalked. However large scale property damage is also done to vehicles, such as slashed tires, broken windows, tampering with break lines, destruction of electrical equipment.

Vandalism and pets being tortured may also be in retaliation for you taking action to expose them. In addition you may have dead animals and litter thrown into your yard. Some targets have reported that their pets die suddenly of mysterious illness. For instance, they come home to find a perfectly healthy animal dead. Others have noticed that their pets have been mutilated.

Mail interference

During the old **Cointelpro** they would blatantly watch homes, follow cars, and open mail. The idea was to get as much info as possible to aid in the harassment and intimidation. Currently some targets also experience tampering with mail, altering, delaying or disappearing, and email being filtered / blocked. These gang stalking groups may use children to steal your mail, or they may enlist the aid of the post office.

Pranks

You may receive pranks by people and recordings. The pranks may pertain to an important event that is unfolding in your personal life. Once again, information gleaned from surveillance is used for harassment. The phone has historically been an excellent harassment tool. It is also used as a synchronization tactic. You may also have people knocking on your door for whatever reason.

Blacklisting

Gang stalking groups will interfere with every personal and business relationship you have. Since they are state sanctioned they can easily keep you unemployed. Job opportunities will be trashed. They get paid to make sure that you don't. Most targeted people are unemployed. Many would be homeless if it weren't for parents, siblings, or friends. If you're targeted and are lucky enough to still be employed, you may be harassed into leaving by your employer and coworkers. You may have a successful interview and are virtually guaranteed the job, but never hear from the prospective employer, and they don't return your calls to tell you what went wrong.

According to an article in [The Christian Science Monitor](#) titled [Blacklisted by the bank](#), blacklisting was originally used as a foreign-policy tool. At some point federal organizations decided to start using it on individuals as well.

Some tactics used to keep you blacklisted include interfering with communications, and slander. Also there are lists and software packages used to check these lists for suspected "terrorists," "threats to national security," etc. Apparently this is a flourishing business and some organizations are required by law to use it.

[The surveillance-industrial complex: how the American government is conscripting businesses and individuals in the construction of a surveillance society](#), The American Civil Liberties Union www.aclu.org, August 2004, Written by Jay Stanley:

"An entire industry has sprung up to produce software that makes it easier or companies to enforce the government's blacklists and other mandates. An example is '[Homeland Tracker](#),' produced by a subsidiary of the giant database company Choicepoint to '[help any business comply with OFAC and USA PATRIOT Act regulations](#).' The manual proudly touts the software's ability to '[get identity verification, check individual names, scan customer files](#)' and '[build personal accept and deny lists](#)' (otherwise known as blacklists)."

Federal law enforcement has sent watch lists to corporations containing names of individuals that were not under official investigation or wanted, but that the agency just had an interest in. We already know that some of these agencies are targeting and harassing citizens. Would it not be reasonable to conclude that they are misusing this resource as well?

Big Business becoming Big Brother, Wired NewsWire, August 9, 2004, Kim Zetter:

"The ACLU released the Surveillance-Industrial Complex report... to educate the public about how information collected from them is being used... The report notes that there is no way to determine how many job applicants might have been denied work because their names appeared on the list. 'It turns companies into sheriff's deputies, responsible not just for feeding information to the government, but for actually enforcing the government's wishes, for example by effectively blacklisting anyone who has been labeled as a suspect under the government's less-than-rigorous procedures for identifying risks,' the report states."

In addition to slander and keeping you unemployed, they may also use companies or recruiters in harassment campaigns (mobbing). This is particularly the case with recruiters. It appears that they are often used to try to further traumatize a person using mobbing tactics during interviews. For instance, they may ask you a series of questions for which you have to answer "no" to, such as asking you for credentials that you did not list on your resume.

They may ask you if you possess skill-sets which were not listed on the advertisement they had placed. This is designed to further humiliate you. These things happen to everyone... once in a while. But with mobbing, these things are done repeatedly by multiple people, time after time. There is basically a "safe zone" that these people can harass you from with little fear of being caught.

One common ploy used by recruiters is that they'll tell you that they don't have your resume in front of them. This tactic may widen the harassment scope by allowing them to ask potentially painful questions that are already answered on your resume. These questions are asked with ACCUSING, or MOCKING tones. They are designed to try to stir up negative emotions associated with a previously painful work environment. They may ask these questions repeatedly using a slightly different syntax such as, "What was your last job?" "Are you still there?" [When they know you're not] "How was the environment?" [If you were mobbed] "So, you've been unemployed since?" "So... you've done nothing at all since?" "Why aren't you working?" [Accusing tone] "Haven't you been looking for work?" Recruiters are paid by corporations to provide a service, (people). When you think about it, recruiters are actually employees of corporations, only they work in remote offices. Just as an in-house employee will participate in mobbing out of fear of termination, or retaliation, these virtual employees are easily co-opted.

Mobbing – emotional abuse in the American workplace, Davenport, Schwartz, Elliot:

“Mobbing sometimes continues after individuals have left the organization. Although this can rarely be proven, slandering continues... This ongoing mobbing, even after the individuals are no longer connected with the organization, seems to justify the mobbers previous behavior and upholds the organization’s decision. They try to defend themselves by continuing to destroy the victim’s reputation... Dianna: the next minute I thought, ‘How can all these people just go along with this?’... Yet I would think, ‘I can’t blame these people. I know they have to go along with this for their own survival...’”

Once I had three separate recruiters from the same company in Burlington, MA ask the same basic questions, on three separate occasions. This was done repeatedly using accusing and mocking tones. For instance, during one conversation I was asked why I didn’t have a reference from my former manager. This man asked me basically this same question multiple times. Recognizing that this may have been part of a mobbing skit, I made it abundantly clear that I did not have a reference from my former place of employment, but that I had other professional references. He then hung up.

Later, this man called me back asking other questions in an accusing tone, and making negative accusations, such as “What have you been doing,” “Haven’t you been looking for work,” “We’re a little concerned,” “Haven’t you done anything at all since December?” During the phone interviews he asked me if I had a reference from my former manager. This was done repeatedly, more than several times. I told him I didn’t. Then he said he wanted to know the name of my former manager, just out of curiosity. I gave him the name, and he told me in a semi-threatening tone that he was going to call anyway. My conversations with the two other recruiters from this office in Burlington, MA were similar. Once more, these questions are asked repeatedly using accusing and mocking tones. These are classic mobbing games. Some of these people have apparently just accepted the idea that they’re slave-cowards. Fortunately for them, all they need to do is look in the next cubicle for support. If this type of support were to be verbalized, it would go something like this, “You’re a loser, and I’m a loser, and it’s OK. I accept you as a coward, and you do the same for me. And don’t worry, we’ll be protected in exchange for our obedience.”

Webster’s 1997 Edition:

Coward:

1. a person who shows shameful lack of courage or fortitude. -adj.
2. of, pertaining to, or characteristic of a coward.

During an interview you may have potential employers demanding credentials that they did not list as a requirement in their advertisement. During phone interviews you may have employers telling you that you responded to an advertisement other than the one that you actually responded to. They may also tell you that they did not place the advertisement, or that they placed a slightly different one. They may also tell you that your updated resume says you're currently working at a place that you never worked at, or a place you worked at a decade ago.

Some harassment is masked in layers of accommodation to help strengthen the illusion that you're not working because you don't choose to. For instance, you may have recruiters who have harassed you in the past leave messages on your answering machine or with relatives / friends, indicating that there are opportunities available to you. It will be made to look as if you're unemployed due to your choice. This is the equivalent of standing in a crowd of people and stealthily poking a person in the back while others aren't looking. The general public may not realize that the blacklisting mechanism exists because the institutions that use it operate most major news outlets. Reporters and historians are blacklisted for reporting corruption or historical facts that the government-corporate complex does not want the public to be aware of.

Into the buzzsaw: leading journalists expose the myth of a free press by Kristina Borjesson (Editor), Gore Vidal, foreword, www.mapcruzin.com, Editorial Reviews, inside flap:

"The buzzsaw is what can rip through you when you try to investigate or expose anything this country's large institutions be they corporate or government want kept under wraps. Indeed, if members of the general public read this book, or even portions of it, they will be appalled... Reporters who tattle risk losing their jobs and being blacklisted... Writing in riveting, often gut-wrenching detail about their personal experiences with the 'buzzsaw' concerted corporate and / or government efforts to kill their controversial stories and their careers."

If you're blacklisted and you're being harassed, you will probably not be able to prove it. Like all mobbing and gang stalking tactics, it will be heavily concealed. Unless you know someone who owns a business or can get you in some place, you will probably be unemployed. At best you may be underemployed. If you do find some type of employment, you may be mobbed out the door after several weeks.

Topic – electromagnetic weapons: the technology of political control, CFRO 102.7 FM, August 8, 2005, Scientists for Indigenous People, Leuren Moret, president, former City of Berkeley Environmental Commissioner:

“A lot of this began with early experimentation on military bases where the spouses of military personnel and their children were targeted. It’s really just terrible. And of course your economic or your financial state is destroyed. They absolutely make people lose all their jobs; it’s impossible for them to ever work again.”

Collisions and cutoffs

The cutoffs I'm talking about here are usually not physical. They're fabricated, but like most gang stalking tactics they are designed to look like normal cutoffs that we all experience from time to time. They can happen with vehicles, on foot, or a combination. This type of space invasion is designed to startle you and create tension. It can be thought of as a virtual slap. They are used in blind areas such as corners, hallways, rest rooms, or intersections where you constantly have people or cars cutting you off, or almost hitting you. The perpetrator is unseen until he jumps out in front of you. This happens in stores, buildings and on the street, with people and vehicles. Generally, anywhere there is a blind corner.

With some artificially induced cutoffs, the perpetrator is seen at a distance. You and the perpetrator(s) are heading toward the same focal point. It may be a corner, a very small walkway, or a path that cannot accommodate both of you. They will adjust their timing and rhythm to yours so that they always meet you at that point, so that you will have to squeeze through, stop, or go around because of their deliberate adjustment of timing. The idea is to get your attention and make you uncomfortable. If you're a target, their timing will mirror yours so that a collision will occur.

For example:

You're on foot and approaching a corner of an intersection, which you are about to cross. You see a vehicle approaching the street you need to cross. There are plenty of time and distance to avoid this collision. Anticipating this, you either speed up or slow down. The vehicle mirrors your actions. You start to think that maybe this person is occupied with something else and you begin to cross the street. As you step off the curb, the vehicle speeds up and meets you at the intersection. The vehicle stops ten feet from you and the man inside waves you on. After this you might feel slightly angry because you know the whole event could have been avoided.

In a normal situation, both parties will naturally adjust their timing and rhythm to avoid this situation. The main objective is to cause an unnecessary inconvenience. Again, these are usually not physical collisions, they're designed to invade your space and make you uncomfortable. In addition, people have reported staged accidents with their cars and narrowly escaping death.

Frequency, duration, location and proximity. Early in the morning on a day that is not crowded, it is not normal to have people repeatedly cutting you off inside stores with their shopping carts, or jumping in front of you as you enter a checkout line, or out in the street. These collisions amount to an obstacle course that follows you wherever you go. And this is only a part of the harassment.

Blocking, swarming and space invasion

In parking lots, on foot, on the road, in stores and restaurants. These are staged events that may temporarily prevent you from leaving if you're in a parking lot. You will always have people whom you have to go around, or say excuse me to, and people stopping short in front of you to tie their shoe or pick up a coin.

Terrorist stalking in America, David Lawson:

"Staged events would include blockading a target's vehicle so he cannot get out of a parking lot... Staged events are used to prove the superiority of the group and they (sic) control the target's time."

Body language is more accurate and reliable than verbal communication. A majority of these non-verbal behaviors such as mirroring, echoing, and pointing take place without conscious awareness. We point with our feet, our torso, our arms and hands, usually toward an object we're interested in. Also, our eyes have a natural tendency to follow hand movement toward an object being pointed at. Most of this non-verbal communication is unconscious, that is, unless you make it conscious. If you make some of these unconscious communication behaviors conscious, you will probably have powerful means of persuasion. The study of this language has been called **social kinesics** (the study of body communication).

There are two components to this communication:

1. Movements, gestures, postures.
2. Spatial relationships.

The study of communication using distance / space is called **proxemics**. For most North Americans the intimate zone is 0-18" and personal space 1 à 4 ft.

This type of communication is used to harass a person. For instance, while in stores, restaurants and public places that are not busy, a target will have people crowding around them, invading their personal space. This happens even if there are only two customers in a store. If a person makes a move from one place to another in a store several people may suddenly appear and jump out in front of him from around corners and isles. A common experience reported is the sudden movement of a crowd of people into a checkout line that a target is moving toward. These blitz attacks also happen outside. This can be detected by getting up, moving in one direction, then stopping and watching.

If you're targeted, you'll see a wave of people move in the direction that you were headed toward, to swarm you and cut you off. If you wait for a few moments you'll see that activity will settle back to normal again after they pass. This test can be run indoors and outdoors as well. Sometimes they may blatantly adjust their timing, or linger for a while until you begin to move again, then they'll continue. This program was tailored to represent a target as someone suffering from schizophrenia when explained to health professionals. This is no surprise, the intelligence community has worked extensively with the psychiatric industry.

Prolonged crowding can have an extremely negative effect on your mental / emotional health. The people who designed this harassment program were well aware this. While some cultures may be more immune to crowding than others, even people from parts of the world that have been historically crowded react stressfully to crowding. People who have not been invited into your intimate space but deliberately violate it are committing acts of violence. The people that participate may justify their behavior because they serve a "greater cause" and don't see their behavior as acts of violence. But the culmination of these tactics amount to no less than soul murder.

People of the lie: the hope for healing human evil, Psychiatrist M. Scott Peck:

"When I say that evil has to do with killing, I do not mean to restrict myself to corporal murder. Evil is also that which kills spirit."

If you are a gang stalking target you'll be followed on foot and swarmed anywhere you go out in public. Even on days / times that there are normally not many people. This happens in stores while making purchases, restaurants, businesses, where you have people constantly cutting you off, invading your space, using sensitivity programs, or other harassment tactics. Sometimes this is blatantly obvious. For instance, you're in a fitness center at a time when it is not crowded, but you have multiple people who, instead of taking the shortest path to their destination, continue to go double or triple the distance just so they can "brush" by you, cut you off, etc. These collisions and crowdings amount to an obstacle course that follows you wherever you go. And this is only a part of the harassment.

Here is one personal example that took place at a **YMCA** in Boston, which occurred shortly after I realized I was being gang stalked. At the time, there were four people, including myself in the weight room. After I was there for a few moments I noticed there was an unusual amount weight banging. It was louder and more repetitive than it normally is.

I've been exercising and going to health clubs for about 15 years and I immediately recognized that these few people were repeatedly going out of their way to make as much noise as possible. I sat down on a bench and started doing dumbbell presses. Two students walked in, stood on either side of the bench I was sitting at and began to do lateral arm raises, invading my personal space. There was no special equipment that they were using located in that area. I noticed one had a shirt on that said something like, "The MOST important part of playing rugby is support."

Anyone who can't wait a few minutes for you to finish and needs to stick their arms in your face is doing it on purpose. In addition, the exercise they were doing could have been done anywhere else a gym that was almost empty. It was a dead giveaway. Another student arrived and began lingering in an area to my left. He stared at me for a few seconds and started smirking. Once he had my attention he turned his back to me so I could see his shirt which read, "CHASE." In smaller letters underneath was the word, "Manhattan." These attacks using symbolism are common reports among people who are targeted. They are also consistent with borderline-subliminal attacks used by satanic cults. The kid with the CHASE shirt left shortly after, and his total stay was about 10 minutes. That episode is an example of noise, crowding, symbolic attacks, and sensitivity tactics. This is standard procedure.

Synchronization

Synchronization seems to be very prevalent with gang stalking. Groups will try to synchronize their tactics with things that you do such as entering or leaving your house. Your movements will be synchronized with noise, vehicles coming or going, people coming or going, or other movements. These synchronization tactics are often done several times, perhaps three or more. For instance, when you arrive, two cars will drive down your street and someone will be banging a hammer. Or you may have two cars leave and one arrives. Three or more seems to be the magic number when it comes to synchronization. You may also hear ambulance or fire truck sirens the moment you enter or leave your house.

If you have a habit of going to the bathroom early in the morning around 2 AM and looking out your bathroom window at a specific area, then they will eventually arrange it so that when you do this there is some activity such as a light being switched on or someone leaving or arriving in that area. This is an example of the level of detail that they will resort to when tailoring the harassment protocol to your profile.

Convoys of vehicles

If you're targeted, you may have foot and vehicular traffic "rerouted" through your street. You'll have an unnatural amount of vehicles driving by your house (even if you're on a side or dead-end street) and / or following you while you're out. Common practice is for vehicles to drive by screeching their tires, blowing their horns, playing loud music, revving their engines, and yelling as they drive by your house. This can include fire trucks, ambulances, city / utility vehicles, and postal vehicles. Some targets have even mentioned that local police vehicles have participated in the harassment.

Brighting

A classic KKK tactic. Vehicular brighting seems to be strategically used with corners. For instance, you're walking down a quiet street late at night and you have people repeatedly turn onto or off of connecting streets. Their timing is such that they continually turn the corners while you just happen to be at it. This effectively blinds you. This may happen at each and every corner. Or, as you walk down a side street there is one or more cars parked on the side, facing your direction with the lights on. They will also wait for you to approach them and then pull out into the street, thereby "brighting" you as you walk by.

You may also be followed by convoys of vehicles that have their hi-beams on during the day. These brighting tactics are maximized when a vehicle has one headlight grossly misaligned. The misalignment produces a hi-beaming effect. Like other gang stalking tactics, frequency and duration play an important role here. Spot lights being shined into a target's windows is another tactic.

Noise campaigns

All targets of gang stalking are quite familiar with noise campaigns. Basically, there will be a steady stream of noise consisting of a rotation of various types of disturbances around your house. This noise may even follow you wherever you go. This includes car doors slamming, people coming / going, people yelling, car alarms, horns, tires screeching, banging, engines revving, cars beeping, constant construction, lawn mowers, snow blowers, etc. Your neighbors will probably be bribed with free home repairs that will result in a very noisy construction process. An ongoing noise campaign appears to be most effective. Like the collisions and cutoffs, these noises are done to startle you and keep you uncomfortable.

For instance, there will be doors slamming for a few moments, then a motorcycle will drive by and rev its engine outside of your house. After that you'll have someone mowing the lawn. Then there will be alarms going off. After that you'll hear a loud crowd of people walk by your house. You may then hear fire or ambulance sirens. Then there are hammering and sawing sounds. Then you'll hear car alarms being turned on / off in succession multiple times from multiple vehicles around your house. After that it will switch back to car alarms and horns. Then drilling, and doors slamming.

Often, activity such as noise will be synchronized with you coming, going or doing some other type of activity. For instance you may hear ambulance, fire engine sirens or beeps as you leave. Noises made as you leave also appear to serve as a form of communication to alert group members in the area to begin pursuit.

Terrorist stalking in America, David Lawson:

"Group members will drive by the target's residence... honking their horns, squealing their tires and making whatever other noise they can... you might see a work crew working on a certain floor and making a lot of noise. If you look to see what they have done after they have left, you will see that they haven't done anything."

Chronic exposure to even low-level noise is considered a hazard that has been known to produce adverse physiological and psychological health effects. Prolonged exposure to noise can produce high blood pressure, a rise in cholesterol, damage to the circulatory, cardiovascular, gastrointestinal, and musculoskeletal systems.

If you're targeted and pregnant or plan on having a baby, you may want to think twice. Noise has been known to cause hearing loss and growth disturbances in a fetus, and can lead to birth defects. Just as the fabricated cutoffs are likened to getting slapped, these noises are the equivalent of being repeatedly shocked. There is no question that these low-intensity neutralization tactics are acts of extreme violence.

Online

Online harassment appears to be another part of the harassment package. If you have a website devoted to gang stalking you may have people emailing you to flame you, or claiming that they are victims and asking for support with the intention of discrediting you. You may receive “unsolicited” email that parallels a current event in your life. Again, surveillance is used primarily for harassment. Or you may receive covert insults and threats. If you join a support group, you may also receive harassment via threads posted on message boards. Like other mediums of harassment, the topics of these threads may be about events that are unfolding in your personal life, as well as threats or insults covertly directed at you. This will probably happen repeatedly by the same person or people.

They may also employ some gaslighting, or **jacketing** tactics. **Jacketing** was often used during **Cointelpro** to make genuine activists look like informants. Some internet groups which help stalking victims are heavily populated with perpetrators posing as victims. Some of these perpetrators seem to be very vocal and popular members of these support groups. It seems that this a damage-control mechanism put in place to corral people, manage them to some degree, and impede the groups’ progress. These people may also help with misdirecting events, or generally keeping groups disorganized and ineffective, under the illusion that progress is being made.

These informants / perpetrators will give you correct information, and you may not find out until later that they’re trying to traumatize you as well. You may not be able to make other group members aware of it, as these informants may be well-respected members. It seems like a contradiction. Why would a perpetrator give you valuable information? While I don’t know the exact answer to this question, here are some possibilities: **1.** They know you would have eventually found the information anyway, so this trade-off is worth appearing genuine and gaining your trust, which may be exploited at a later date. **2.** Create fear and uncertainty within you, causing you to doubt your own judgment. **3.** This may further traumatize a person with feelings of hopelessness when they learn that a very well respected group member is harassing him / her.

If you think that the people who oversee these neutralization programs have not infiltrated these groups, or even deliberately created some as a catch-net in order to disrupt and minimize progress, you are probably mistaken. The people who designed this system were not incompetent and some of these support groups seem to be just another phase of the campaign. If you find yourself on the receiving end of repeated covert or overt criticism by one or more of these prominent victims, you can give yourself a great big pat on the back. This one of many layers in this system of control that you'll encounter.

Also, some people who may have been genuinely trying to raise awareness, may have been bribed, blackmailed or simply tortured (directed energy weapons) into becoming informants, and therefore, have been compromised. Some of the most outspoken victims and leaders in these groups appear to be deliberately operating within boundaries designed to slow progress. And, as in most social systems, there is envy, fear and jealousy. If you choose to participate in one of these support groups, you may want to limit your exposure to certain people. However, although these groups are fraught with perpetrators, not all of them are. So you may still want to attend meetings and events as it will be a good opportunity to connect with other people. You will find many people who are very decent and you may even make some new friends. Trust your own judgment.

I have been in contact with perpetrators posing as victims on the phone and via email that have hinted that I must not be genuine. It is likely that these fake victims have probably spread lies to targeted individuals indicating that I'm not really targeted since I don't appear to be suffering or helpless. If you are raising awareness, then discrediting attempts such as these will be standard practice. It appears to be critical that they attempt to isolate you from group members whom you may have a positive influence on. Once again, organizations were heavily infiltrated during **Cointelpro** and **jacketing** was used extensively.

Electronics

In addition, many targets report their computer has crashed or been broken repeatedly, even after OS reinstalls. It is possible that the e-bomb or a similar energy weapon is being used to destroy this equipment. Your email may be blocked or filtered and your web activity may be monitored with **Carnivore**, **DCS1000**, or similar tracking software. If you try to sell things online, participate in online discussions groups, online dating, respond to employment ads, it is very possible you will be interrupted, trashed, or harassed. This can be done by a combination of paid civilian contractors (operatives / provocateurs) and email filtering. Some people have reported that their inbox is clogged with junk messages even if they have filters on.

In addition, you may receive unsolicited messages with cryptic borderline-subliminal attacks in their subject lines. The words will be garbled but contain letters that convey a message when arranged in the correct order. Or they may contain a "sounds like" message. Your mind will automatically piece these letters together so they make sense. This is done on the fly, without you being aware of it.

Techniques used to silence critics, Ted L. Gunderson FBI Senior Special Agent In Charge (†):

"Threatening Letter — Further, its contents appear to contain a subliminal message that is routinely used by satanic cults and their splinter groups."

These messages will probably contain junk in the body and you may not be able to reply to it as it came from a bogus address. These cryptic attacks are mentioned in a book titled **Subliminal mind control** by John J. Williams. The message will probably pertain to something in your life situation. For instance, if you're going bald and have been looking for treatment, you could receive the following attack.

To: John Doe
Subject: Euro Paulding Tummy
Body: asdf1;jkasdfllkkjasdf;lkjasdf1jkasdf1;jkasdf1

or

To: John Doe
Subject: Hiraless Tupid
Body: kasdfllkj asdf1;jasdf;lkjasdfkj

Any weakness you have can be exploited. Remember, this is a professional organized harassment service that was originally developed to neutralize foreign agents.

Sensitivity programs

Gang stalking groups usually begin their campaigns with sensitivity programs. The goals of a sensitivity program are:

1. To get the person's attention and let them know they're being harassed.
2. Anchor damaging emotions to common objects / sounds so a target can then be covertly harassed openly in public.

These sensitivity programs are based on a science called **neuro-linguistic programming (NLP)**. The parts of this science that groups use are anchors and triggers.

We're unconsciously creating anchors in our environment all the time with people, music, places, and objects. Initially, the target may not be consciously aware of the harassment, but this is not necessary. One reason people may not realize that they're targeted or can't remember exactly when it began, is because these groups may slowly and gradually increase the harassment over time. But groups can let you know you're being targeted any time they choose by turning up the volume with a blitz attack. Groups use sensitivity programs in an attempt to create phobias.

Introducing NLP, Joseph O'Connor and John Seymour:

"A stimulus which is linked to and triggers a physiological state is called an anchor in NLP... How are anchors created? First by repetition... Secondly, and much more important, anchors can be set in a single instance if the emotion is strong and the timing is right. In extreme cases an external stimulus can trigger a very powerful negative state. This is the realm of phobias."

Self-help gurus use these programs to create positive emotional states and anchor them to a movement, a sound or an object. Then the sound, movement, or object becomes the trigger that will invoke the emotion. Although this sounds complex it is actually pretty simple component of **NLP**. It is done by creating a peak emotional state, then while in that state you anchor it, that is, do something repeatedly. This effectively anchors the emotional state to whatever was repeatedly done. This process of creating **anchors** has also been called **emotional transference**.

You can think of **NLP** as a very powerful tool that can be used to produce rapid, profound change. Harassment groups create negative emotional states such as fear and anxiety, and anchor them to common objects in the environment. There has been some concern in the mental health field over the potential misuse of **NLP**. Unfortunately, like other tools, such as guns, they can be misused in the wrong hands. Groups use this science in a destructive format.

NLP – the new technology of achievement, Steve Andreas and Charles Faulkner:

“It is a common experience for many people, when first introduced to NLP, to be concerned about the possible uses and misuses of this technology. We recognize the incredible power of the information presented in this book and recommend you exercise caution...”

Here’s an example of how groups use anchors:

One morning your walking out to your car and a man walks in front of you, stares directly at you in a hostile manner while repeatedly clicking his pen the whole time. You feel a little uneasy and say to yourself, “Boy, that was weird, what was his problem?”

Then two hours later you’re leaving a shopping mall on a day that it was not particularly crowded. As you walk out to your car, an old lady approaches you on foot. As she almost collides with you, she locks her eyes onto you with a hostile demeanor, while clicking a pen the whole time.

Then maybe you tell yourself something like this. “There couldn’t be a relation between those events, probably just a coincidence. But they both stared at me in such a mean way while hammering their pens...”

Later in the afternoon, you’re on your way home. You’re at a stoplight and out of the corner of your eye you see a passenger in the car to your left. You hear a slight noise, and glance over. You see a man glaring at you with a grin on his face. His arm is hanging out the window and he is holding a pen, which he is repeatedly clicking. Now imagine that happening for a month. Then one day a month later you’re on a sidewalk with a friend or family member. A man walks by, doesn’t look at either one of you, but clicks his pen a couple of times. You feel anxious and afraid.

You may not even know you’ve been sensitized. But if you did recognize it as an attack, what would you tell your friend or family member?

This is what happened: The collisions, blatant hostile staring, and foul grin created the negative emotions and anchored them to the pen, which has now become the trigger. That is an example of a sensitivity program. Now imagine yourself being sensitized to multiple objects and sounds, and each of them creating pain each time you see or hear them. That's the power of NLP! And that is only one, small segment of the entire harassment program. Targets around the country and the world have witnessed this being done with sounds, gestures, cell phones, laptops, pens, cars, watches, clothing, symbols, colors, and other items. This type of attack does require some maintenance and will lose its potency unless it is reinforced. So groups will reinforce these anchors and triggers with occasional blitz attacks from time to time.

Groups will take an object you've been sensitized to and link it to another object. The idea appears to be to keep expanding the amount of objects you associate fear, anxiety, anger, or shame with (sensitization). For instance, one of your neighbors, has made it abundantly clear that they're participating in the harassment. Now, you know they're participating, and they know you know. So they may try to sensitize you to other stimulus, such as a car alarm. Since you've already associated them with massive pain, they can extend their harassment to a "sound" by turning their car alarm on / off in rapid succession over a short period of time, multiple times throughout the day. After they've done this for a couple of days and you've been sensitized to this sound, they can reduce their use of this specific tactic and just use the occasional maintenance sounds to keep you sensitized.

Now instead of repeatedly turning it on / off for ten times, they only do it two or three times in a row, just to let you know you're being harassed. Even though it's only done a couple times in a row, you know why they're doing it and you may feel anger, fear, anxiety or other negative emotions. You may also feel frustrated at the prospect of trying to explain this covert harassment to another individual. Anyone else observing this might think it's a little strange that someone would turn their alarm on / off a few times but they'd write it off as an isolated strange incident. Since they have not had your previous experience (sensitization) with that sound and are not aware that it is a small part of a much larger harassment program it would be difficult to explain what those beeps meant. In NLP, the process of copying an emotional state anchored to an existing trigger and transferring it to a new trigger, is called **chaining**.

Introducing NLP, Joseph O'Connor and John Seymour:

"Anchors can be chained so that one leads to another. Each anchor provides a link on the chain and triggers the next one, just as the electrical impulse flows from nerve to nerve in our body."

Harassment skits

Harassment skits can be classified as a type of **street theatre** that contains verbal and non-verbal harassment, threats, insults, intimidation, and violence, conveyed overtly, or overtly using themes, symbolism, or other medium. They may be carried out after a target has been sensitized. This harassment can be relayed with metaphors, verbal remarks, and symbolism using clothing or other items. Insults or comments by strangers, designed to evoke a paranoid reaction, as well as dirty looks and negative behavior from previously friendly neighbors are common among targets.

They may be speaking on their cell phone and loudly accent the insult as they walk by and stare at you. Blatant, hostile or smirking stares are also common. Sometimes they may not be "on the phone" and just overtly insult you as they walk by. As an example, I have people walk by me and say things like "fuck you," "fuck-up," "fuck-head," "you're disgusting," etc. After being out of work for about a year, I was able to land a job at a retail store in Boston where the mobbing continued. Because I already knew where it would end up I stayed there for less than a week. One evening as I was leaving, another employee walking out behind me made the remark, "Déjà vu. Now what are you gonna do?" When I looked back he was casually leaning up against the wall. No cell phone or other people around at that moment.

Another example took place in a bookstore when I asked the clerk if he could find the book **Terrorists Stalking in America**. I knew they probably wouldn't have it on the shelves but I wanted to see if they would have it in their Books In Print database. The clerk had some trouble finding the book so as I was giving him other information such as the author's name a man walked by, looked in our direction and said "Keep trying caged people, keep trying." The clerk glanced over at him as he walked away then looked down with a perplexed expression. There was nobody else in this area of the store.

But these events are sort of unusual because usually they cover their tracks and mask their insults within phony conversations while on a cell phone or with another person.

Some of these insults are very subtle (implied), but powerful. For instance, if you're at a restaurant you may have a couple sit down at a table next to you, and mention some events that are taking place in your personal life, in order to get your attention. And then make repeated references words such as "paranoid, crazy, scared, panic, insane, freak, sad, depressed, etc." This may be done repeatedly while the trigger words are emphasized. The idea is that the words will invoke the emotion. Not only is this possible, but it works best when you don't know it's being done to you.

Some words carry with them a particular weight to potentially trigger an effect on a person's emotional state. Some of these harassment skits are designed to transfer the emotions of those weighted words to affect a negative emotional state upon a target. In addition these words can be emphasized by changing their tone and volume when they're spoken. This is called metacommunication. Metamessages are suggestions hidden in a statement, perhaps a compliment. The tone, volume, and rhythm of specific words in the sentence are changed so that the actual message is different from what the spoken words were. Obviously this works better on some individuals than others.

Messages – The Communication Skills Book, Matthew McKay, Ph.D., Martha Davis, Ph.D., Patrick Fanning:

"It's hard to defend against the anger and disapproval expressed in negative metamessages... The attack is often so subtle that you aren't aware of exactly how you've been hurt... The basic function of metamessages is to say something covertly that you're afraid to say directly. Since metamessage attack is covert, there is little chance of overt retaliation."

These subtle whispering sneer attacks, and verbal barb's attacks may work best when done repeatedly, and after a person been loosened up with a more overt type of harassment such as noise campaigns, collisions, crowding, and sensitivity tactics. Within a conversation, certain weighted words can be emphasized. Volume, tone and tempo can be changed so that some words are slightly louder and spoken longer than the others. This can completely change the meaning of a message.

The following is a quotation regarding imbedded questions and suggestions as outlined in the book, **Patterns of the hypnotic techniques of Milton H. Erickson, M.D.**, by NLP experts Richard Bandler and John Grinder. The example at the bottom titled **Indirect embedded command** is exactly as it appears on page 173, where the weighted words (suggestions) that are to be emphasized when spoken are bold. Note: When Erickson speaks of the dominant and non-dominant hemisphere, he is referring to the conscious and unconscious mind respectively.

Patterns of hypnotic techniques of Milton H. Erickson, M.D., Richard Bandler and John Grinder:

"They very often are a presupposition of some other command and serve to distract the dominant hemisphere by having it utilize the internal dialog... These imbedded questions are most effective when they are stacked together to maximally distract the dominant hemisphere... Imbedded commands serve the purpose of making suggestions to the client indirectly and, thereby, making it difficult to resist in any way... These are most effective when they are also marked analogically by emphasizing the command and by looking intently at the listener, if their eyes are open. Indirect Imbedded Command: 'My friends tell me to feel comfortable and to loosen up when we are out on the town.'"

Below is an example of how groups use these suggestions to harass people. Bold words indicate ones that are emphasized.

Situation:

You've been blitzed with noise campaigns, crowding and collisions on your way to the bus stop. You feel like you've been through a minefield and have been hit multiple times (you have). Your heart is pumping. You sit down on the bus and begin to relax. A couple sits down across from you and begins a conversation. You overhear bits and pieces of it.

Person 1 says: "His car isn't working."

You think: "My car is in the shop."

Person 1 says: "They think it's the battery."

You think: "What a coincidence, my car is getting a new battery, you say to yourself."

Now that they have your attention, the conversation unfolds like this:

Person 1 says: "I saw him last week, his car looks bad."

Person 2 says: "That's HORRIBLE... What's wrong with it?"

Person 1 says: "It just keeps breaking down."

Person 2 says: "I don't want to be in that car in case it should just flip out!"

Person 1 says: "That's insane!"

Person 2 says: "I hate to see him like that."

Person 1 says: "He's crazy for keeping it. He knows it just keeps breaking down."

Person 2 says: "I know he is. It just broke down so many times."

Person 1 says: "Not to be paranoid, but he should just give up on it."

Person 2 says: "You're not being paranoid, but I don't trust that thing on the highway."

Person 1 says: "Is that crazy or what, is that being insane?"

Person 2 says: "He's nuts for keeping it. I told him he's crazy."

Person 1 says: "Isn't that being dumb?"

Person 2 says: "I agree, I think that's just being stupid."

Person 1 says: "Whenever he's down visiting, I bring it up but he gets so uptight."

Person 2 says: "I know, he goes nuts with that car!"

Person 1 says: "I think he plans to take it to Florida, but he's not going to make it!"

Person 2 says: "He should start thinking about losing it."

The conversation above is an example of an embedded hypnotic suggestion that can be very effective if used under the right circumstances. It keeps the conscious mind occupied with an erroneous conversation concerning a car breaking down, while the actual message is slipped into the subconscious, potentially affecting the desired emotions. It appears a variation of this message can be conveyed with multiple people blitzing a person with cutoffs while talking on their cell phones, looking directly at the person and emphasizing (metacommunication) weighted words and / or information about person's personal life that was obtained from surveillance. Groups will also use these phony conversations to harass targets in stores, restaurants, public places, elevators, etc. These overheard comments are intended to elicit a negative reaction within you.

NLP – the new technology of achievement, Steve Andreas and Charles Faulkner:

"When we hear something, even from another conversation, we can't help but make images and sounds of it in our head. The professional persuader knows this intuitively. In NLP we know it explicitly. You cannot NOT communicate."

Symbolism appears to be a big part of subliminal attacks. After a target has been sensitized, they can even be harassed, insulted, and threatened with symbolism using articles of clothing, newspapers, and other items. Just as body communication (**social kinesics**) is used to harass a target, so too is symbolic communication. Symbolism can be used with articles of clothing, especially during a wave attack where you are blitzed by a crowd of harassers who smile, laugh, stare at you, and cut you off as they pass by you. Some of the shirts I've noticed are "Stop and Die," "Big Bro," "Watch Your Back" as well as satanic and **Wicca** symbols. An attention-getting tactic may be used prior to a harassment skit. It can be a cutoff, blatant stare, loud noise, or other sensitivity tactics. Remember how the perpetrators at the **YMCA** both used an attention-getting tactic? One man gave me a smirking stare and the other two swarmed me.

In essence, they will take an event that is unfolding in your personal life and make references to it using any number of methods. This has also been reported by people who have been temporarily stalked for days at a time during anticorporate rallies. The theme may pertain to something in your personal life. They may play on this theme for a single day, a series of days, or weeks. In addition, they may choose a theme and try to project it into your life. Some survivors of government mind control and torture have reported themes being used in behavior modification programs, and as entry points for control and future manipulation. Some include: **Disney, Alice in Wonderland, Cinderella, Wizard of Oz**, etc. For mobbing and gang stalking targets, themes are used in harassment skits.

www.psychologicalharassment.com:

"Mobbing, also referred to by some as bullying, psychological terrorism, and organizational violence is described as a collective form of psychological violence in which many individuals unite to persecute an individual... Mobbing is a way of destroying a person without using any physical means... Degrading themes are often used to try to prevent people from coming forward."

Whether the perpetrators actually believe in a theme is inconsequential. The use of themes (sometimes satanic) injected into occult crimes assist with trauma, and serve to discredit a person if he were to come forward. Apparently the logic of using satanic and other themes in occult related crime is that you won't be believed because it's too farfetched.

The new satanists, Linda Blood:

"In one instance after another, charges of ritual abuse and other crimes linked to satanism and various forms of malevolent occultism have been rejected on ground no more substantial than that they are '**too bizarre to be believed.**'"

Symbols, such as ones that represent **Wicca** or **satanism** may be used, as can numbers, letters, or other types of symbols. According to Ted L. Gunderson, who has investigated cults for over 25 years, these subliminal attacks, such as leaving articles of clothing out of place and moving furniture around have been historically used by satanic cults when stalking their targets.

These perpetrators will follow you into restaurants and businesses where they will try to surround you, kick your chair, or harass you any way they can. They'll usually sit near you and mention several topics that directly relate to your personal life. This is done both to harass you and to try to evoke a sense of helplessness in you by not being believed if you were to tell someone about the harassment. This type of harassment is designed to try to evoke a feeling of paranoia.

This harassment is concealed to anyone else in the establishment. Some of the other patrons may recognize that something is not right with that group of people. This is probably because the tone, rhythm and volume of their conversation are not natural; they're rehearsed and artificial. In addition, there are natural gaps between words and sentences that are absent with this type of staged event. It's almost like bad acting. You may even see other patrons looking over at them with an expression of "What's wrong with those people?"

Gaslighting – how to drive your enemies crazy, Victor Santoro:

"whispering sneers – Another way to foster your target's paranoia is to make it clear that people are, indeed, talking about him. Sneering while you whisper will suggest that he's being mocked, causing a very uncomfortable feeling... If you can get several accomplices to do this... he'll get the feeling that mockery and ridicule of him are widespread."

Here's an example: Suppose you're selling your house and have listed it in several websites and publications. Your asking price is \$400,000. The day after you've posted your advertisement you are sitting on a park bench and the following situation occurs:

One person walks by and, glances at you with a smirk and says into their cell phone, "I spent \$400,000." A few moments later a couple walks by and in a monotonous, loud manner one of them says, "Yeah but isn't that a bit too high?"

Then another person walks by shortly after and loudly says into their cell phone, "Yeah, I just didn't like it, you know how some houses just don't feel right."

Then a moment later a person walks by with an advertisement on their shirt for a real estate agency. Then when you get home, you receive a call from a real estate agent that you did not contact.

As always, personal information gathered by surveillance is used primarily for harassment. This has been well documented, not only by countless targets and websites, but also in books such as [The war at home](#), by Brian Glick, and [Terrorist stalking in America](#) by David Lawson. Themes can also apparently be projected using collisions and cutoffs.

Children are used in gang stalking campaigns. Parents who are group members routinely use them in crowding, cutoffs, or other harassment skits. Once, within a one-week period I had three separate groups of kids that looked like they were about 13-15 years old walk up to me and ask me for a dollar to take the bus. This happened in three different locations. Then several days later another group of kids (making it 4 total) asked for some money for the bus as well. These children could have been recruited by their parents, or through displays of power. They may also have been recruited through a junior community-policing or similar program.

Once in August 2005, when I was at St Anthony's feast, on two separate occasions two different girls about 5 years old walked by me with very short skirts. I thought it strange that their parents would dress them that way. This happened within about a 5-minute period. On both occasions, shortly after, a man would walk by and give me a blatant, disgusting stare implying that I was looking at them in a sexual way. If I had stayed longer, there probably would have been a third. Two days later, I was turning onto my street and a girl of about 8 years old walked passed me. After several feet, she looked back and stared at me with a shocking expression, then started running, and looking back at regular intervals. She ran into her house, which is located on the same street I live on. Other targets have reported similar skits. If I were not aware that I was being systematically harassed, I probably would have written those off as isolated, strange incidents. But the real sick part is that the parents of these children are able to rationalize why it's necessary to use their children this way. It makes me wonder how else they're being used for the greater good.

You may also have people walk past you while your sitting down and stomp, or drag their feet as they pass in front of you. Or use some other tactic such as a throat-clearing campaign. Although there appears to be a boundary that they operate within, there is no act too petty or pathetic for these people. They will generally harass you any way they can. These people are basically parasites.

Webster's 1997 edition:

Parasite:

1. *an organism that lives on or within a plant or animal of another species from which it obtains nutrients (opposed to a host).*
2. *a person who receives support or advantage from another without giving any useful or proper return.*

Directed energy weapons

It is beyond the scope of this book to explain these weapons in detail. They are also known as non-lethal weapons, less-lethal weapons, and electromagnetic weapons. It appears that the package often includes electromagnetic attacks against a person as well. There are thousands of people across the planet who claim that directed energy weapons are being used on them.

Virtual government: CIA mind control operations in America, Alex Constantine:

"The new 'elite' death squads employ directed-energy weapons to harass and kill a designated guinea-pig (sic). These domestic terrorists are trained in the art of persuasive coercion (CIA jargon for a harassment campaign designed to break a subject without direct physical violence)."

Some types of attacks that targets have reported can be explained with conventional technology. For instance, some types of unclassified directed energy weapons can cause nausea, fatigue, headaches, liquefy bowels and a variety of other symptoms. This is not science fiction. This technology currently exists. Some of it is over thirty years old and has been tested for decades. Although the technology being used on targeted individuals is probably much more advanced than the weapons I've listed, I listed these weapons because their existence is undisputed.

Wonder weapons, U.S. News and World Report, July 7, 1997, Douglas Pasternak:

"So-called acoustic or sonic weapons, like the ones in the aforementioned lab, can vibrate the insides of humans to stun them, nauseate them, or even 'liquefy their bowels and reduce them to quivering diarrhetic messes,' according to a Pentagon briefing."

People have also reported having electrical systems in their cars, and brand new appliances, TVs, radios, PCs, and other electronic equipment suddenly die. Once again, this can be attributed to the e-bomb which can destroy electrical equipment while not damaging humans. Recently, Massachusetts passed a law banning the illegal use of directed energy weapons. However, the law states that federal and local law enforcement can use these weapons.

There are also sound lasers such as the **Hypersonic Sound System (HSS)**, **Long-Range Acoustic Device (LRAD)**, and **Medium-Range Acoustic Device (MRAD)**. These sound lasers can focus an intense beam of sound up to 500 meters into an area 1/2 inch wide. It can also project sound so that it appears to be coming from a specific location, like a ventriloquist.

These sound beams can pass through a crowd of people and be focused inside of an individual's ear. That is, it can target a single individual in a crowd of people. They apparently have the capacity to play recordings in MP3 format as well. People who are experiencing gang stalking report hearing doors slamming, voices, degradation of a religion, screaming, birds, etc. Some have experienced mock executions with gunshots going off in their ears.

Sound beam puts listeners in the spotlight. (Foreign News) **The Independent** (London, England), May 17, 2001, Charles Arthur:

"Hearing Voices no one else can might not signal an imminent mental health crisis. A scientist at the MIT Media Lab in Boston has perfected a system that can beam sound to a specific point, like a spotlight aiming a beam of light at one point..."

Some of these directed energy weapons (DEW) are **Through-The-Wall (TTW)** in nature. These devices or a similar ones are currently being used on citizens in North America and other **NATO** nations. It is likely that the perpetrators are using radar / millimeter wave technology similar to the ones used in airports to pinpoint a person's location in a building and assist with aiming other **DEWs** at people.

Microwave

Microwave DEWs will produce dizziness, burning, headaches, eye problems, damaged nervous system and internal organs, heart attack, and an inability to concentrate. A common microwave oven can be turned into a DEW by modifying the appliance to operate with the door removed. It can then be positioned against a wall to attack someone on the other side. You can also build a weapon for a few hundred dollars that will employ a more focused attack.

Below is a picture from a website (www.MikrowellenTerror.de) of a German doctor that has researched microwave DEWs, and the German equivalent of gang stalking. It appears that the perpetrator in the picture is using an easily modified microwave oven. Although the words in this picture are in German, you can get the general idea.

(Deleted because of low quality.)

Targeting the human with directed energy weapons, www.MikrowellenTerror.de, 6. Sept. 2002, Dr. Reinhard Munzert:

“Directed energy weapons are among the high-tech arms of the century... These weapons are also part of crimes (in Europe) that almost nobody knows except the victims and the offenders... The HPM-weapons that the high-tech gang uses supply continuous or pulsed waves over long periods of time — especially in the night — from cars or vans or buildings around the target / person(s)... In addition they apply through wall imaging methods... Besides this the criminals use tactics of information warfare: Know all about the victims, let them know nothing about you, (sic) information dominance, disrupt the communication systems of the victims... the victims experience extreme, unbelievable things; almost no one can believe their reports... Some experts who work for the German Army or NATO know very well about MW weapons, but secrecy keeps them from talking too much about in public... We have names and addresses of many victims and the circumstances of the cases... In some cases, the lifestyles of the criminals are well known to us. Similar to terrorists, many pretend good citizenship (sic) or student lifestyles to cover their crimes. Conventional criminal activities, (i.e. burglary) are undertaken by normal gangsters or former members of the Stasi...”

LIDA

The Russian LIDA machine (patent 3773049) is an old brain entrainment device used for the drugless sedation of mental patients. This device can be used as a weapon to drain a person of energy. The pulse rate can be adjusted so that it causes fatigue or excitability (sleeplessness). Although the LIDA signal does not travel a great distance, it can be used TTW in an apartment building. This device is about the size of a breadbin and works silently.

Dr. Eldon Byrd, U.S. psychotronic researcher:

“The LIDA machine was made in the 1950’s by the Soviets... the LIDA would put rabbits into a stupor at a distance and make cats go into REM... The Soviets included a picture with the device that showed an entire auditorium full of people asleep with the LIDA on the podium.”

Voice-To-Skull (V2K)

V2K, also called **microwave hearing** was discovered during World War II when soldiers noticed buzzing sounds while standing in front of an energized radar antenna. Dr. Joseph Sharp demonstrated a V2K success in the mid 70s while working for the **Walter Reed Army Institute of Research**. If you have a tightly focused antenna, this can be transmitted through walls and over a distance. Voice or other sound can be transmitted over a distance, through walls, directly into the skull of a person. This was possible more than 30 years ago. Below is an excerpt taken from the journal of the **APA**, which describes Dr. Joseph C. Sharp's V2K success.

The American psychologist, Journal of the **American Psychological Association**, Volume 30, March 1975, Number 3:

"Given a thermodynamic interpretation, it would follow that information can be encoded in the energy and '**communicated**' to the '**listener.**' Communication has in fact been demonstrated... Sharp and Grove (note 2) found that appropriate modulation of microwave energy can result in '**wireless**' and '**receiverless**' communication of SPEECH... The capability of communicating directly with a human being by '**receiverless radio**' has obvious potentialities both within and without the clinic."

Silent Sound Spread Spectrum

Silent Sound (patent 5159703), developed by Dr. Oliver Lowery of Norcross, Georgia, also called **Clear Channel**, is an improvement over the time-slicing subliminal suggestions. It does not need to compete with other sound to influence a subject because it occupies a separate channel just beyond the human hearing range. Hence the name: **Clear Channel**. This channel is beyond human hearing but not human perception. It is not normally in use but it is a direct conduit to the subconscious.

Silent Sound can be used by installing a hidden speaker near person's area of work or in their home. These suggestions can be played constantly and the person would not be consciously aware of them. Apparently this weapon was used on Iraqi soldiers during the first gulf war. **Silent Sound** can be transmitted through ordinary radio or television carrier frequencies. However, only a speaker is necessary. But **Silent Sound** cannot only convey suggestions, it can transmit cloned emotions. This is brain entrainment.

Military use of mind control weapons, *Nexus magazine*, Volume 5, Issue 6, October / November 1998, Judy Wall:

"PSY-OPS WEAPONRY USED IN THE PERSIAN GULF WAR — ... Subliminally, a much more powerful technology was at work: a sophisticated electronic system to 'speak' directly to the mind of the listener... and artificially implant negative emotional states-feelings of fear, anxiety, despair and hopelessness. This subliminal system doesn't just tell a person to feel an emotion, it makes them feel it; it implants that emotion in their minds... presentation system carries cloned emotional signatures, the result is overwhelming."

Silent Sound can also be piped through the **V2K** medium and transmitted over a distance. So this means that subliminal messages can be transmitted over a distance, through walls, directly into a person's skull. In essence, into their subconscious mind. If **Silent Sound** is used in this manner most people will probably hear a slight ringing in their ear.

S-squad letter, *Silent Sounds, Inc.*, December 13, 1996, Edward Tilton, President:

"All schematics, however, have been classified by the US Government and we are not allowed to reveal the exact details... we make tapes and CDs for the German Government, even the former Soviet Union countries! All with the permission of the US State Department, of course... The system was used throughout Operation Desert Storm (Iraq) quite successfully."

Microwave mind control: modern torture and control mechanisms eliminating human rights and privacy, report, September 25, 1999, Dr. Rauni Leena Kilde, former Chief Medical Officer of Finland:

"All our emotions, moods, and thoughts have a specific brain frequency which has been catalogued. If these records fall into the wrong hands, our behavior and attitudes can be manipulated by persons whose ethics and morals are not in our best interest. Both military and intelligence agencies have been infiltrated with such persons."

Some targets have reported being hit with other more exotic types of weapons that cannot be explained with current unclassified technology. These weapons have been known to penetrate all types of shielding. There are people with experience in the engineering field that have spent time and money on building shelters that did not stop these signals.

U.S. taps high-tech arsenal / Pentagon likely to debut new weapons in Iraq. (News) *The Cincinnati Post* (Cincinnati, OH), March 20, 2003, Byline: Jim Krane Associated Press:

"'Once you're engaged and you have a capability that's almost ready, you'll try it,' said Clark Murdock, a former Air Force strategic planner now with the Center for Strategic and International Studies. 'All kinds of things have been invented, particularly in the (classified) world, that will be used. If you use it and it works and no one knows, why talk about it?'"

One former **NSA** employee, John St. Clair Akwei, is one of a very few targeted people to file a lawsuit (Civil Action 1:92 cv00449) against the **NSA**. They have been harassing him using classified directed energy technology for the last twelve years. His information is posted on www.emhdf.com

Jesus Mendosa who appeared on **The Power Hour** radio show also has a case. Apparently he used radiation detection devices to identify some directed energy attacks against him and his children. He has also been gang stalked.

I am unaware of the status of these cases. These folks are pioneers because most people don't realize what's happening and / or are too drained to intelligently explain what is going on. However, would it not be reasonable to conclude that organizations with a documented history of experimenting, torturing, and harassing citizens would use these weapons on people? If that is the case, then is it not also reasonable to conclude that at least some of these claims that weapons are being used on citizens are true? And if that is correct, does this not constitute a severe violation of human rights?

Tactics conclusion

It is impossible and unnecessary to explain every variation of harassment. In addition, there are some tactics that are much more subtle that you may experience if you're targeted. Now you know why some people are driven to suicide. These organizers may be more aware of some of your habits than you are. For instance, commonly used routes will be used as avenues for various types of street theatre that unfold as you pass through. Also, products such as specific brands of soap, shampoo, deodorant, etc. that you use will be discontinued, or sold out in the stores that you frequent. The neighbors who move in next door to you will have loud motorcycles, or cars.

In addition, these neighbors may be carpenters, mechanics, etc. and will always seem to have noisy projects to work on. Moving out of the community or state will not stop this harassment. This is not only nationwide but it is happening in all NATO countries. It apparently is one component of a political movement that appears to be in service to Globalization. Individually, some tactics may not be illegal or very potent, but when combined with other tactics in a systematic round-the-clock fashion, day in, and day out, they are a painful and difficult to prove form of torture.

Webster's 1997 Edition:

Torture:

1. *the act of inflicting excruciating pain, as punishment or revenge, as a means of getting a confession or information, or for sheer cruelty.*
2. *a method of inflicting such pain.*
3. *Often, the pain or suffering caused or undergone.*
4. *extreme anguish of body or mind; agony.*
- ...
7. *to afflict with severe pain of body or mind.*

Why is it used?

The organizers have successfully desensitized communities and convinced them that it is OK to violate the civil rights of certain people. This was probably originally done using sex offenders and other undesirables. This may have started out as a system with positive intentions, however, due to lack of ethical oversight it has become heavily corrupted. This is now basically a parallel justice system and a revenge service that can be used for silent neutralization. There is a list or database that people are added to who are deemed expendable. It appears that there are several ways a person can be added to this list. I've listed some later in this section.

Virtual government: CIA mind control operations in America, Alex Constantine:

"The United States of America has not openly declared war on private citizens. But illicit human experimentation and vicious non-lethal radio frequency assaults have been carried out by agencies within a number of federal institutions for 50 years."

I knew federal law enforcement and the intelligence community had their problems, like most institutions do. I had also heard scattered stories of people being harassed by government agencies but I attributed it to their own fault. I figured they must have been some serious troublemakers in order to provoke it. I thought the occasional media leaks were pretty much all there was to it. I trusted that the "watchdog" media kept those agencies in line and were perhaps even a little intrusive (preventing these agencies from doing their jobs). I believed that these agencies would never spend resources to target innocent people, especially a "nobody." I thought that these agencies had better things to do than to waste resources targeting innocent citizens. I was wrong. I never realized that those media leaks were just the tip of the iceberg or how big and organized this corruption was.

Then I began to learn about the organized human slavery rings, optimum / heroin trafficking (**The Golden Triangle**), **MK-ULTRA**, and current mind control operations. And **Operation Northwoods**.

I realized there was a whole community of targeted people screaming out to be heard, but stonewalled by the media and human rights organizations. These human rights organizations have received many complaints about gang stalking, but as of the time of this writing they have not acknowledged this phenomenon. I can only conclude they have been given stand-down orders, no doubt for "reasons of national security."

Topic – directed energy weapons and gang stalking, The Investigative Journal, April 19, 2006, Julianne McKinney:

“... the women who are singled out appear to be somewhat too independent, perhaps too intelligent, tend to live alone, tend to pursue professional careers. There’s a heavy predominance of those types of woman in the TI community. Men are in a smaller proportion and seem to be those who... have a sense of self-esteem and pride that seems to [invite] targeting.”

Revenge

Gang stalking groups are available as for-hire revenge packages. This revenge package is available to any person who has the connections and capital to finance it. There are some very sick, sadistic people with influence in government and industry who can use this system if they think you've done them wrong. This is the equivalent of putting a "hit" on someone. If this is the reason a person is targeted, he may never know it.

Whistle-blowers

If you complained about working conditions or ethics of a corporation, you may be targeted. The U.S. postal service and other federal agencies use professional harassment services to harass people, literally to death. This harassment includes psychological warfare and DEWs. If you do a key word search on Google using phrases such as, "Harassed FBI whistle-blower," you'll find websites of former members of federal law enforcement, indicating that they are also targeted by the agencies they once served.

Virtual government: CIA mind control operations in America, Alex Constantine:

"The objective is to isolate the bothersome informant, depict him as incompetent, disloyal, troublesome, mentally unbalanced or ill. The whistle-blower is forced out, frightening work mates and supporters... The assault continues until the target is left discredited, exhausted, in poor health, financially crippled, his career in ruins."

Activists / dissidents

Corporations in various countries are currently using professional harassment groups on people that oppose them. Civil rights activists have a history of being targeted by these programs. If your views are not aligned with the corporate / state entity, and you are effectively raising awareness about an issue, you may very likely become the target of this type of terrorism. Anyone who opposes **Globalization** may be targeted.

War at home – covert war against U.S. activists and what we can do about it, Brian Glick:

“The records show that the vast majority of the targets of domestic covert action have engaged only in peaceful protest. They do no harm to anyone’s health or safety. The only danger they pose is to the status quo. Their only weapon is the power of their words and the threat of their good example.”

The **Justice Department** claimed that the original **Cointelpro** was needed to defend “national security” and prevent “terrorism.” However, it ended up subverting democracy and promoting violence and terrorism. If you protest at an event, you could be considered a terrorist under the **U.S. Patriot Act**. Under the JTTF there is currently a nationwide effort with local and federal law enforcement to report information regarding demonstrations. Cointelpro is back. But it is much, much worse, now with one in 24 Americans being recruited as informants, an unlimited budget, and a loosening of laws that prevented it in the first place.

The New **Cointelpro** is now legal. According to **ACLU** executive director Anthony Romero, who viewed a confidential **FBI** memorandum, even peaceful protesters are now being labeled as potential “terrorists.” Think about what this means.

Experimentation

Some known behavioral modification projects include BLUEBIRD, MK-DELTA and MK-ULTRA. MK-ULTRA, with 149 sub-projects, was conducted in universities, hospitals, military institutions, and prisons. Some tests included the effects of stress on human beings, including duress, fatigue, torture, drugs, creation of mutations, and a variety of other tests.

Under MK-ULTRA about 23,000 people were traumatized, but researchers in this see this as an extremely conservative number. Since many of the records have been destroyed we will probably never know. Most of these people were unwillingly and unknowingly experimented on in these institutions, and their lives were basically ruined. Some of these tests were conducted on children.

These people will think nothing of sacrificing innocent members of the population and experimenting on people, then covering up their crimes claiming "reasons of national security." After studying the history of some of these agencies and learning the facts, it became clear to me that these acts were carried out by monsters misusing their resources and committing crimes against humanity.

The paper trail for these experiments ended around 1984. But there are currently thousands of citizens being experimented on at this time. Labs are apparently no longer necessary as directed energy weapons can be used at a distance. Targeted people are declined assistance by organizations that have been set up to help victims of torture and mind control. They are routinely labeled mentally ill to discredit them.

Several mind control survivors have written books. One MK-ULTRA survivor named Cathy O'Brien wrote a book with Mark Phillips (former CIA operative) called, [Access denied: for reasons of national security](#). It is a well-documented account of her dealings with the system and the trouble she encountered (people covering up for it) while trying to expose mind control abuses committed against her and her daughter. Her case was thrown out of U.S. courts for "reasons of national security." She and Mark believe that the national security act of 1947 is being used to cover crimes and should be dismantled.

Other reasons

- A bad breakup with an ex-spouse who has influence and capital.
- A target has reported a crime such as pedophilia, drugs, where the perpetrator was a member of an organized crime ring with connections.
- Government or another party attempt to unfairly seize land from owners.
- Harassment of gays, minorities, or harassment of a mentally ill person.
- Sexual predators may also be targeted.

It appears that loaners are targeted due to their perceived vulnerability. These stalking groups will select a target of convenience just for practice, and no other reason. Many people don't know why they're targeted or exactly when it began. Just because someone doesn't know why they've been targeted, that does not mean their claim should be any less credible than someone who does know.

Microwave mind control: modern torture and control mechanisms eliminating human rights and privacy, report, September 25, 1999, Dr. Rauni Leena Kilde, former Chief Medical Officer of Finland:

"Who are the targets? Experimentation with soldiers and prisoners may continue, as well as handicapped children, mental patients, homosexuals and single women. They are still experimental guinea pigs for electronic and chemical warfare. But today ANYONE can become a target, even those who invented the system."

It almost doesn't matter why it's being done. There is no excuse for the systematic and ongoing torture of a person. Just as the mechanism for mobbing is already in place and waiting to be used, so is the gang stalking mechanism.

Objectives of the group

This is a very scary topic. But it is what it is. The goal of the campaign is to get you to kill yourself. Many of the volunteers who participate in the harassment believe that the objective is to drive the bad guy / girl out of their community. And that is usually the last they will ever see of a person if they're harassed into leaving.

Terrorist stalking in America, David Lawson:

"The goal of these groups is to harass the targets until they leave town. Many targets do not realize that the groups operate as a national network. For many targets, moving to another town, or to another state across the country proves to be a waste of money because the harassment continues no matter where they live."

However, for the agency that launched the harassment campaign, the goal is to get the targeted person to commit an act of violence, whether suicide or murder, under circumstances which can be plausibly denied by the agency. Many people have tried moving out of state, even out of the country and the stalking always continues.

Microwave harassment and mind control experimentation, Electronic Surveillance Project, Association of National Security Alumni, Julianne McKinney, Director:

"The long-term objectives of these harassment and experimentation campaigns appear to be quite fundamental...

(1) induce a sense of perverted 'loyalty' toward the very agencies engaged in the individual's harassment...

(2) redirect the targeted individual's feelings of hopelessness, anger and frustration toward racial and ethnic groups...

(3) force the individual to commit an act of violence, whether suicide or murder, under conditions which can be plausibly denied by the government."

Other than that, the objective of the campaign is to separate a person from friends / family, keep them unemployed, induce homelessness, and reduce the quality of life so much that they suffer a nervous breakdown, cause them to commit suicide, or end up medicated, incarcerated / institutionalized. A major effort will be spent to separate a person from their friends and families. Attempts will be made to destroy all areas of a person's life with the intent to drive them to suicide. Moving will not stop this terrorism as it will happen no matter where you live. This is basically an untraceable poison used by the elite, corporations, and the intelligence community.

Microwave mind control: modern torture and control mechanisms eliminating human rights and privacy, report, September 25, 1999, Dr. Rauni Leena Kilde, former Chief Medical Officer of Finland:

“The purpose of mind control is to disrupt memory, discredit people through aberrant behavior, to make them insane or to commit suicide or murder... MICROWAVE MIND CONTROL WITH ‘NON-LETHAL’ WEAPONS IS THE BIGGEST CRIME IN THE HISTORY OF MANKIND AGAINST THE POPULATION OF PLANET EARTH. IT MUST BE STOPPED BY ALL PEOPLES OF THIS GLOBE.” [Emphasis on original]

If you are targeted, the people orchestrating this are trying to murder you. But they would be just as happy if you “went postal.” In the event they meet their objective and a murder / suicide occurs, when addressing family that has been brought into the “investigation,” hypothetically they can say something similar to the following:

“We’re sorry sir, it looks like he was more unstable than we thought. Did he mention anything about suicide? We’re so sorry. This never happens... Did you notice a change in his behavior? We wish we’d have known. This is so tragic. Is there anything we can do for you?”

For reasons of national security this person’s family can say nothing of the official “investigation” or they’ll be faced with jail time. And of course if these people did not have the capacity to know that they were being lied to in the first place, they will probably not suspect that these government perpetrators make a living out of this. It is my belief that this trap has been used many times, and is being used on targeted people and their families across North America.

Dr. Leuren Moret, former City of Berkeley Environmental Commissioner, has spoken extensively on this type of state sponsored harassment. On August 8, 2005 she appeared on 102.7 FM Vancouver radio. The subject of the interview was **Electromagnetic weapons: the technology of political control**. Below is a quote from that interview.

“What we’ve studied and reported and identified is that neighbors are contacted and co-opted. Members of the target’s family are co-opted... The purpose is to completely isolate and remove all social support, economic support, and if possible to drive these targets to suicide.”

Just as mobbing is done with the intention to represent the departure of a person from the workplace as their own choice, gang stalking is used to represent the departure, suicide or act of violence of a person under mind control as their own choice. This is legal murder, orchestrated by the intelligence community, which uses civilians to carry out the crime. I told you this was [The Hidden Evil](#).

Symptoms a person may experience

Since the dynamics for mobbing and gang stalking are the same, so are the symptoms. The following symptoms have been taken from the book, [Mobbing – emotional abuse in the American workplace](#), by Davenport, Schwartz, Elliot:

- Severe depression.
- Severe panic attacks.
- Heart attacks.
- Other severe illnesses.
- Suicide.
- Violence directed at third parties.
- Uncontrolled acting out.
- Feeling suicidal and / or homicidal.
- Persistent anxiety.
- Fatalistic outlook on life.
- Frequent or longer sick leave or disability at work.
- Isolation.

Other symptoms and situations people have reported:

- Forced onto medication for anxiety / depression.
- Imprisonment.
- Forced into mental hospitals.
- Homelessness.
- Staged accidents / death.

Prolonged stress can apparently cause a miscarriage. Some people who have been stalked and harassed over a period of time have attributed their miscarriages to ongoing harassment. The mainstream media has still not picked up on the likelihood that mobbing and gang stalking is responsible for some of the seemingly senseless killings that occur in public. According to Dr. Leymann, roughly 15% of the suicides in Sweden are attributed to mobbing. Dr. Leymann's study did not include how many instances of people "going postal" were attributed to psychological harassment. Nor did it include how many suicides or murders were probably caused by gang stalking. So far there has been no such study in the U.S.

When I worked in Boston for about five years, each morning I'd pass by homeless people on the corner asking for money. Usually I'd be thinking to myself, "Now there's a perfectly healthy, able person. Why don't they just get a job? I mean they're not lazy because they're up at 7:00 am every day, standing on this corner asking for money, why not be doing something constructive while earning money?" It had never occurred to me that some of them were probably blacklisted and repeatedly mobbed out of the workforce. I never knew such a mechanism existed. Most targets would be homeless if it weren't for friends or relatives. So when you see someone holding a sign that reads, "Will work for food" you can conclude that it is possible that they are targeted by this invisible system.

If you're experiencing mobbing, you should know that EAPs work for the company and operate on the premise that if there is a problem, it is with you, not the corporation. If you complain about mobbing or a similar phenomenon, they may recommend that you seek help from a mental health professional. As concerned as they may seem, they may not genuinely have your best interest in mind, and may suggest this so that you can be discredited later if necessary. Discrediting gang stalking targets in this manner is also common.

Topic – directed energy weapons and gang stalking, The Investigative Journal, April 19, 2006, Julianne McKinney:

"Frankly I strongly recommend that you keep your faculties together and avoid going to see psychiatrists and psychologists, because the pattern that is evolving is that they are highly complicit in these operations."

Some directed energy weapons symptoms:

- Dizziness.
- Headache.
- Extreme fatigue.
- Jolts and jerks to muscles (the equivalent of being shocked).
- Abdominal pain / nausea.
- Mental confusion / inability to concentrate.
- Stings.
- Burning sensations.

Microwave mind control: modern torture and control mechanisms eliminating human rights and privacy, report, September 25, 1999, Dr. Rauni Leena Kilde, former Chief Medical Officer of Finland:

"According to Navy studies they also cause fatigue states, depression, insomnia, aggressiveness, long and especially short-term memory loss, short catatonic states, cataracts, leukemia, cancer, heart attacks, brain tumors and so forth."

If you see a mental health professional as a result of mobbing and gang stalking, you may be misdiagnosed with a mental disorder. People with mental disorders are stereotypically seen as incompetent and violent. This will probably follow you for the rest of your life. You may have to answer to this on job / school applications, or for insurance. While it may be illegal for them to discriminate against you, good luck proving it. You may also be denied certain licenses as a result. You can always lie, but they may find out and you may be fined or expelled.

Stigma and mental illness, Connecticut Clearinghouse, A program of Wheeler clinic, www.samhsa.gov:

"Stigma keeps people from getting good jobs and advancing in the workplace. Some employers are reluctant to hire people who have mental illnesses. Thanks to the American with Disabilities Act (ADA) such discrimination is illegal. But it still happens! Stigma results in prejudice and discrimination. Many individuals try to prevent people who have mental illnesses from living in their neighborhood."

According to Bruce Ennis, an **ACLU** attorney who represents people denied of jobs due to mental illness stigma, it is better to be an ex-convict in the job market than someone with a record of mental illness. It is like a prison sentence, that follows you wherever you go. However, if you've been to a mental health professional as a result of being mobbed or gang stalked, keep in mind that the real sick people are the ones who operate and participate in these acts.

Results of mobbing and gang stalking

At this point it is difficult to estimate the amount of suicides, miscarriages, and murders directed at third parties that these groups have caused with their covert, borderline-subliminal attacks, and directed energy weapons. Over the last ten years there has been an increase in the amount of people “going postal” out in public and in the workplace. It is likely that mobbing and gang stalking have played a significant role in this increase.

It may be difficult for a person to conclude that they've been targeted, and these groups may gradually turn up the intensity of their harassment over a period of time. This is the equivalent putting someone in a pot of water, and slowly heating it until the water is boiling, i.e. they need medication for anxiety or depression.

Topic — directed energy weapons and gang stalking, *The Investigative Journal*, April 19, 2006, Julianne McKinney:

“I would say that the persons who have ‘realized’ what’s going on are just a drop in the bucket. There are persons I have seen being targeted... completely unaware of what’s happening. So those who are complaining of this are... as I’ve said just the tip of the iceberg. I would say this is probably very, very widespread. But I can’t under the circumstances come up with any figures. Many, many, many thousands, no doubt, are involved [targeted]. But I would say the bulk of those are running to their doctors and taking totally unnecessary prescription drugs to cure ailments that in fact don’t exist.”

An article in the *Associated Press*, May 15, 1995, titled *Government Wants Me Dead*, reported that a lawyer named Linda Thompson filed a complaint at the *Marion County Prosecutors Office* stating that the government was trying to kill her with radio frequency weapons. The article went on to explain how Thompson got hysterical and claimed that six of her friends had already been killed this way. Other than that, mainstream news has not directly connected murders and suicides to this phenomenon in their news stories. But there are telltale signs if you know what to look for. I’ll explain them later.

Eleanor White www.raven1.net has information on her website pertaining to people that have been killed or driven to suicide by directed energy weapons and gang stalking. On this page I have listed some mainstream events that have unfolded that have not been linked to mobbing and gang stalking. Also, it would be very difficult to prove that mobbing and gang stalking caused these events, especially since there are currently no laws preventing this type of harassment. But consider these facts:

- We now know that the **Hidden Evil** exists.
- We know that some agencies have carried out mind control programs and systematic harassment in the past.
- The tactics / environment that the victims describe are similar and are consistent with mobbing and gang stalking, i.e. complaints of [multiple] people taking part in the harassment, sabotage, recurrent harassment, etc.
- The symptoms such as depression, accidents (other illnesses), and extended sick / disability leave are also present.
- The symptoms victims experience result in nervous breakdown, violence directed at third parties, suicide, murder, and murder / suicide.

Would it not be at least reasonable to conclude that if the elements involved resemble those of mobbing and gang stalking, that these acts were possibly caused by mobbing and gang stalking?

Based on the evidence it is my personal belief that these events carry the mobbing and gang stalking signature from start to finish. Carefully read the evidence in this section. If you examine these events in an unbiased manner you will probably see a predictable pattern in these seemingly senseless acts of violence. You be the judge.

Beginning in 80s there was a wave of postal killings, giving rise to the term, "going postal." There have been about 24 separate incidents of violence since then including murder, suicide, and murder / suicide.

It may not be a coincidence that these postal offices are fraught with horror stories of people murdering their family and coworkers. Former members of the intelligence community are often granted positions as postmasters. These offices have been used as labs for behavioral modification, and psychological harassment on unwitting people. They have their own intelligence network within these offices, which target and harass people. This harassment sometimes continues no matter where they move to, or what environment they work in.

Virtual government: CIA mind control operations in America, Alex Constantine:

"Psychological harassment and intimidation are carried out by hired specialists. The U.S. Postal Service and other federal agencies draw on their services. The intelligence agencies are capable of transmitting voices and images directly to the cranium's sensory pathways... They are a profound threat to a democratic society. Anyone who falls into disfavor with this elite can be condemned to interminable physical and psychological torture. The victim is often murdered without a trace."

People who are aware of mobbing and gang stalking know that there have been many cases where a known targeted person has been driven to suicide. This is very difficult to prove. Also these suicides are not covered in the media or attributed to harassment. The following is a website with a memorial devoted to targets who have been driven to suicide by individual and group harassment. www.bullyonline.org/stress/memorial.htm

But there have been some leaks of mainstream news covering hi-profile suicide / murder cases linked to harassment. For instance, there's a man who killed himself after being mobbed for eight months, by multiple people in the post office. According to his father, his son trying to right-wrongs. No wonder he was mobbed. He was probably gang stalked as well. Prior to that there was a murder-suicide case, which carried the mobbing signature, where Anthony Deculit shot a couple of his coworkers, then killed himself. There were multiple investigations into this murder-suicide, some of them concluded that the post office might have been responsible.

\$5.5 million awarded in sexual harassment case, Employment Practices Solutions, Inc., Articles / News Briefs, November 6, 1996:

"A jury awarded \$5.5 million to the family of a woman who was driven to suicide... by her bosses and underlings at the Postal Service. They accused her co-workers of intentionally botching jobs or missing deadlines to sabotage her career... leaving a suicide note blaming the Postal Service."

Frequent harassment committed by multiple people, including superiors, coworkers, and subordinates, directed at one person, which results in suicide is mobbing. Although the articles above may appear to be sexual harassment case, that lady was mobbed. There are currently no laws that prevent mobbing. But within a mobbing cycle, sexual, racial or other types of discriminatory harassment may be used. Fortunately her family was able to focus on that aspect of it and win the case.

Suicide of black worker 'caused by bullying,' Family wins right to posthumous tribunal over son they claim was driven to hang himself, [The Guardian](#), January 9, 2001, Helen Carter:

"... Mr. Lee left a suicide note addressed to his mother, Unnell, which said: '[... Tell them it was nice playing with me and they won.](#)' ... Steve Lee, Jermaine's father, wrote an open letter to 1,500 postal workers in Birmingham seeking more evidence about bullying. But instead of help, he received threats. Two other workers who claim they were bullied by colleagues are on long term sick leave from the Birmingham sorting office. A woman had a nervous breakdown after an assault at the office."

The article above is an example of the results of mobbing: suicides, nervous breakdowns, and extended sick leave due to repeated harassment by multiple colleagues. The article also illustrates the group mindset of "staying loyal," meaning, covering up and protecting the system that keeps them employed, no matter how insidious. This is the herd mentality. The people that participate basically lack the constitution to not go along with it. Some enjoy it. The people who carry out mobbing sometimes refer to it as, "playing." In both places I experienced mobbing at, mid-level management would refer to it as, "playing." Statements were made such as "Thanks for playing," "Thanks for being a team player," and "Are you playing today?"

[Mobbing – emotional abuse in the American workplace](#), Davenport, Schwartz, Elliot:

"Increased Sick Leave-Relief from the mobbing scene is often sought by legitimate sick leave... Workers' Compensation-Some individuals are emotionally and physically so ill that they have to go on disability and are unable to ever return to the workforce... Diana: 'An environment of fear and danger was created. Nobody ever knew who the next victim would be. One colleague lost her hair and had to wear a wig. Another had several accidents. Others experience new health problems.'"

According to an article labeled, [Report links violence, local postal management](#) put out by the [Milwaukee Journal Sentinel](#), a report concluded that there is racism, a lack of respect for employees, animosity, tension and an antagonistic office environment. This article also says that the report indicates that the post office might have been responsible for the murders. This report was not originally released to the public, and the Milwaukee Journal Sentinel obtained it through the FOI. The article then went on to say how programs specialist at the post office were attributing the killings to "random acts of violence" and that they were conducting their own version of an 800-page report which would not link the post office to the killings.

In 1999 a postal inspector named Calvin Comfort was assigned to investigate some of these postal killings. While doing so, he suffered a nervous breakdown and had to take a year off. Then after returning to work he killed himself in the parking lot outside the building. This man was most probably uncovering some incriminating evidence, indicating a solid link between covert postal office harassment and the murders. Think about it. He suffered a nervous breakdown and killed himself outside of the post office, while conducting an honest investigation of a suicide-murder, at a place that has been known to conduct mind control experiments, and harass people TO DEATH! This man was a target of mobbing. I think it is also safe to say he was most definitely being gang stalked. Evidently, Deculit was mobbed and gang stalked by the post office as well.

[Postal inspector kills self near work, The Milwaukee Journal Sentinel, April 2, 1999, Jessica McBride:](#)

"A Milwaukee postal inspector who investigated the fatal 1997 shooting spree at the downtown post office took his own life outside the same building, officials said... Comfort's investigation into the shootings seems to have been at least partly responsible for a nervous breakdown he suffered about a year ago... The report says Comfort was seen by a therapist available to employees through their employee assistance program. A separate report, to which Comfort contributed, deals specifically with the events leading to the shooting and is still unreleased. Inspector Rudy Green, is quoted in the medical examiner's report as saying Comfort 'has been under a lot of stress... since he was the lead investigator in a homicide that occurred at the Milwaukee main post office.' Green told investigators Comfort had suffered a nervous breakdown and had been back at work for about a year."

These are just examples, and this phenomenon occurs in many institutions. If there were an actual unbiased investigation of suicides and murders caused by mobbing and gang stalking, the post office may not necessarily lead other institutions. The U.S. postal service has conducted its own \$4 million dollar study to disprove the myth that postal workers are more prone to violence than other workers. One of their goals was to hopefully remove the phrase, "going postal" from the language of mayhem. Apparently their study concluded favorably that postal workers are no more likely to "go postal" than other types of workers.

[Ex-postal worker commits suicide after 5 die in shooting, USA Today, January 31, 2006:](#)

"GOLETA, Calif. (AP) A former postal worker who had been put on medical leave for psychological problems shot five people to death at a huge mail-processing center and then killed herself in what was believed to be the nation's deadliest workplace shooting ever carried out by a woman... The attack Monday night was also the biggest bloodbath at a U.S. postal installation since a massacre 20 years ago helped give rise to the term '[going postal.](#)' DeGasperin said (sic) was unclear if she targeted certain people or fired at random, but '[chances are she might have known her victims.](#)'"

Based on the history of the post office's psychological experimentation and the harassment it is my belief that this woman was mobbed into taking a two-year sick leave. While on sick leave and away from the post office, she had no chance to recover because she was gang stalked. They were probably also hitting this woman with DEWs. She was probably tortured physically and psychologically with no letup. She had no way of proving whom her tormentors were or what they were doing, but she knew who they were so she took revenge. According to Alex Constantine, author of [Virtual government: CIA mind control operations in America](#), after one of these rampages a postal employee who donated his body to science had his internal organs rejected by the coroner because they were badly scorched due to microwaves.

[Mobbing – emotional abuse in the American workplace](#), Davenport, Schwartz, Elliot:

"Some may feel revengeful and direct their rage at the mobbers. Seeking revenge for their misery, they may '[go postal.](#)' ... Every so often, the media inform us of workplace shootings by disgruntled employees, but there is rarely a report that identifies the deeper background of these tragedies."

Do you see a pattern?

A profile of people who participate

People who know what these groups are about but have been blackmailed or intimidated into participating may not necessarily fit this profile. But most group members do. Before providing a profile of group members, it is necessary to give an outline of some basic human needs which will help explain why people join groups in general.

Psychologists, social workers, and personal growth instructors have concluded that there is a set of human needs that we all strive to fulfill. If you do a keyword search on [Google](#), for the phrase "Human Needs," or "Basic Human Needs" you'll find several websites pertaining to them. While experts may disagree on the number of needs, and the words used to describe them, they do agree that there is a "core" set of them. The words used to describe these needs are simply pointers to the feeling that people are looking to experience. These needs transcend culture, age, and race. All human beings have these needs. So, it's not a matter of whether they are met; they will be met, it is only a matter of how. I've included some of the basic human needs below. Words are sometimes a limitation, especially when explaining human needs. For that reason, I've combined several words used by multiple professionals to describe the same need.

The basic human needs are:

- Security / certainty / comfort / safety / confinement / structure: We all need to feel safe, comfortable and certain.
- Uncertainty / adventure / freedom / variety: We all need to be uncertain or to feel adventurous, entertained.
- Significance / independence / importance / power: We need to feel important, powerful.
- Acceptance / connection / closeness / belonging / support / love: We need to feel connected to something, looked after and cared for.
- Growth / competence / expansion: We all have a need to strive to become something better than what we are.
- Contribution / service: We need to feel as though we're contributing to something, such as making a difference, or making the world a better place.

We can meet these needs using a wide spectrum of activities. These activities can be further broken down into three categories or vehicles. The three vehicles used for meeting basic human needs are: [negative](#), [positive](#) and [neutral](#). The criteria for determining whether a vehicle is negative, positive or neutral is its effect. Specifically, its effect on three things: [you](#), [others](#), and [the greater good](#).

This is why gangs and other destructive groups are widespread. They fulfill most of these needs: security, adventure, power, acceptance, contribution. However, these needs are met using destructive vehicles. Gang stalking groups offer these needs to its volunteer members. The people who create these groups are skilled at exploiting these needs and manipulating large groups of people. So while the leaders of these groups usually derive some type of financial gain, they are also providing nourishment for their flock.

Some of these people become addicted to stalking and harassment. According a psychiatrist named Dr. Carroll Brodsky, harassment is a social instinct and just as an animal trained to hunt rodents will go through the entire ritual even though there are no rodents around, human beings easily fall into harassment behavior even when there is no rational objective. Once more, the organizers of these groups are adept at exploiting these human flaws.

Topic — directed energy weapons and gang stalking, *The Investigative Journal*, April 19, 2006, Julianne McKinney:

"As in the case of gang stalking... I can see those who I labeled as 'covert wannabees' bumbling and stumbling through what they think are covert activities, and find it rather amusing, if it weren't so perverted in the ultimate objective."

Most of the people I've noticed who participate in gang stalking have a low self-esteem. But many of them don't appear to be bad people. They just have a limited capacity for reasoning, they're easily manipulated, and generally small-minded. This is not an insult, it is an observation. They have a fragile internal support system, and therefore seek security outside of themselves. They thrive on recognition and acceptance, and will eagerly conform in order to meet these needs. Some appear to derive absolute pleasure from participating in community-based harassment and it serves as an adventure for them.

They strongly believe their group serves a higher purpose. And they are heavily dependent on its support structure. Some of these people are fanatics. They go above and beyond what they'd normally do, because they have a large support structure, know they won't get caught, and obviously have approval from the state. When engaged in stalking they feel empowered. Because they know they are sanctioned by the state, some of them smile and laugh as they carry out their skits. Unfortunately there is no shortage of these people. These are people that have surrendered. This type of surrender is very subtle and may be unconscious.

Mobbing – emotional abuse in the American workplace, Davenport, Schwartz, Elliot:

“Persons who have a weakened sense of self feel more secure in a group in which they find support. They often ‘vulture,’ lacking the courage to listen to their conscience. They find their identity by associating with someone believed stronger, respected, idolized.”

In the case of gang stalking, that “someone” that group members have surrendered themselves to is the state. As long as they subscribe to this group mindset they will have a level of protection and companionship within the community. They are “safe.” In addition, they are reassured, daily, by their leaders and other participants who reflect these lies back to them. They subscribe to whatever is comfortable, popular and most of all, safe. Furthermore they are people who need this type of structure, even though it is limiting, destructive and an obstruction to their development.

This primitive, decaying thought pattern (herd mentality), apparently left over from prehistoric times, has nothing to do with following orders from a superior, respect, participating in a think tank, or working together for a goal. In reality, it is a subtle surrender of the individual’s identity, and conformity to the group mind, which is ultimately limited and often times, insane. People who are considered followers may find this process necessary. This is a hallmark of many cults.

Personal communication, March 13, 1999, Dr. K. Westhues, author of **Eliminating Professors**:

“The only relevant reality at that point, far beyond any personality characteristics of the mobbee, or the leading mobster, is the pack, the herd, a number of individuals having surrendered their selves to something bigger.”

People who operate on a particular frequency have a tendency to become aligned with acts and structures that emanate from that frequency. For instance, some of the largest historical atrocities that have taken place were not carried out by individuals, but groups, large groups. You can think of it as a negative energy field that continues to grow and use human beings as instruments to express itself. It almost always disguises itself as something good such as a “greater cause,” and usually uses deception to enlist supporters.

The people who participated in those atrocities did not find their way into that structure and commit those acts by accident. Those people were attracted to that energy field because they operated on a frequency similar to it. The frequency of energy that I'm talking about here is not a high one; it is in fact primitive, but also popular. Some may call this destructive energy field, evil. But I think insanity is a more accurate description. If the members of these state sponsored stalking cults were to merge into a single physical form, it would resemble a gigantic parasite.

Investigative author, David A. Lawson described some of these people as borderline-retarded and deluded into thinking that they are secret agents. I don't think that he meant they were literally mentally retarded. They are not, because they can grasp concepts, absorb information, and use it at a later date to pass a test. Some of these people are college graduates, and white-collar workers. Author Lawson may have been referring to their lack of personal growth, because it appears that there is a type of intelligence that has eluded them.

Terrorist stalking in America, David Lawson:

"The people who are attracted to groups which engage in gang stalking are those who feel powerless, inferior and angry. Some of them appear to have mental problems. Ordinarily, these people would be too timid to engage in stalking and harassment because they are cowards, but once they have been empowered by a group which they perceive to be all-powerful, many become addicted to it. It fulfills some of their human needs."

For instance, most of the group members I've noticed are emotionally handicapped. They are people who have settled on being... pigeons. Because these people don't believe they have the courage to confront limiting concepts about themselves and this world, they have settled on comfortable, common ones. When confronted with a mirror that reflects their shortcomings or threatens their concepts, they must take some type of action. These people are not the truth seeking types; change is met with fear and is too painful. Now it may become necessary to destroy the object of reflection (scapegoating). This handicap is normalized because most members exhibit the same deficiency. Many of them are very sick. When I say "sick" I don't mean the "bad" type of sick, I mean that they are grossly underdeveloped. There is one other common trait that I've noticed that those engaged in gang stalking share: They are lazy.

[The road less traveled](#), M. Scott Peck, M.D.:

"But while all fear is not laziness, much fear is exactly that. Much of our fear is fear of change in the status quo, a fear that we might lose what we have if we venture forth from where we are now. In the section on discipline I spoke of the fact that people find new information distinctly threatening, because if they incorporate it they will have to do a good deal of work to revise their maps of reality, and they instinctively seek to avoid that work. Consequently, more often than not they will fight against the new information rather than for its assimilation. Their resistance is motivated by fear, yes, but the basis of their fear is laziness; it is the fear of the work they would have to do."

A few of the people who participate seem to realize that what they're doing is pathetic. Sometimes you can see it in their faces. Sometimes, with their body language, they'll tell you, "I know," "I'm sorry," "It's not me," "I have to do it." Some of these people were previously targeted and know what will happen if they don't help out. Or, they willfully joined and later found out what they were serving. So, some do it out of fear.

Some religious organizations have been known to participate in gang stalking. These people have been deceived into being, basically, instruments of something you would attribute [Satan](#) to. They are living examples of people of the lie. Some apparently believe that it is necessary to teach someone a lesson for past sins, or that a person just needs to be watched (systematically harassed) to keep them in line, until they can "see the light." These people may also use their children in these harassment skits in order to "help out" the community. The youths who participate are generally looking for direction and responsibility. Eager to assist, they are easily exploited.

Some of these people are genuine satanists. On the surface they may appear to be Christians and are often very respected, esteemed members of society. The Catholic church has been particularly vulnerable to infiltration by satanic cults.

Ultimately, the people who engage in gang stalking are slaves. Most gang stalking group members don't realize it, but they're in a cult and are under mind control. This is an all-encompassing cult that transcends age, race, religion, and nationality. Their leaders most probably assure them otherwise, and may even laugh at such allegations if a group member were to bring the topic up. After all, how can it be a cult when it is linked to federal agencies? Another major hallmark of cults is that members are led to believe that they made a conscious choice to join and serve, when in fact they were manipulated into thinking they made it. Some group members are subject to covert forms of hypnotism and coercive persuasion to keep them under control, but they do not oppose it because they are not aware of it.

So, the people who participate in gang stalking are being manipulated. But so are the targeted people. The difference is, group members have willingly surrendered, while targeted people resist it.

Brave new world revisited, Aldous Huxley, 1958:

"The nature of psychological compulsion is such that those who act under constraint remain under the impression that they are acting on their own initiative. The victim of mind-manipulation does not know that he is a victim. To him the walls of his prison are invisible, and he believes himself to be free. That he is not free is apparent only to other people. His servitude is strictly objective."

Why they remain

Apparently the intelligence community, in service to the establishment, has given word to local and state law enforcement to label anyone complaining of this system as mentally ill. Another reason that the corporate-owned media will not touch this is that they are operated by the organizations that use this parallel justice system. Note: The word, "establishment" refers to an elite group of people in control of the various systems operating in society, regardless of who is in office. For an explanation of how banks and corporations control the United States government, please refer to Congressional Record, December 11, 1913, Vol. 51, PP. 1446-47. Also see the book, [The shadows of power](#), by James Perloff. Many other authors have written extensively on this topic.

[Microwave harassment and mind control experimentation](#), [Electronic Surveillance Project](#), [Association of National Security Alumni](#), Julianne McKinney, Director:

"Failure of '[Establishment](#)' Support Systems. Those individuals who have tried to resolve their respective situations through resort to '[establishment](#)' channels have invariably encountered the following: Apathy, indifference... on the part of congress and state legislators. Dismissal and / or attempted discrediting by psychiatrists... Lack of interest, courage and / or competency in legal circles... A few attorneys reportedly engaged in egregious violations of codes of professional conduct, in what appear to have been deliberate efforts at sabotaging... Refusal of the mass media to address this topic... The tendency of local police is to dismiss an individual's complaints of government harassment as the ravings of a '[fruitcake.](#)' ... Some police agencies, while acknowledging the reality of the situation, hesitate to intervene cases involving what they believe to be U.S. Intelligence... Refusal or inability of the ACLU and Amnesty International to intervene. Both Organizations acknowledge receiving many complaints from persons claiming to be the targets..."

Here are some other reasons why it is kept hidden:

- They are compartmentalized.
- The people who participate are sworn to secrecy, some may have signed non-disclosure agreements or similar forms.
- Group members are only given what they need to know to carry out their personal part and are not aware of the agenda or direction of the program.
- Heavily networked.
- The people who fund / sponsor it own the mainstream media, mental health, legal community, and most other major institutions.
- Unlimited budget.
- Overlooked or ignored by law enforcement.
- Unknown to the general public.
- Federal and local influence.
- Lack of courage on behalf of agencies that claim to exist to support targets of terrorism and trauma.
- Tactics are designed to blend in with everyday life and not be noticed by a non-targeted person (covert attacks).
- Tactics may gradually increase over months or years so that persons will not recognize that they are targeted, even as their lives fall apart for apparently no reason.

Terrorist stalking in America, David Lawson:

"... Others do not recognize that they are being harassed by an organized group. They just think that there are a lot of rude people in the world."

Another trait that mobbing and gang stalking share is that many people will be recruited to participate. The idea is that you get as many people as possible to participate in the torture. The logic is that the more people you can co-op, the more assistance you'll have for covering it up, and the less likely it will be exposed. This tactic has been labeled spreading the blood around by a targeted person, and is just another method used to ensure that these torture campaigns are kept secret. If one falls, everybody falls. So what these leaders do, is they pass the knife around to various people so that everybody takes a stab.

This is a topic that people may not want to believe, even though it is true. Most people do not want to face the horror of acknowledging that something like this is going on. Police may publicly deny the existence of these groups, but many of them across the nation are aware that they exist. Some trauma clinics are aware of this breed of stalking but do not support it. Many of these human rights agencies and clinics such as the [ACLU](#) and Amnesty International have been contacted but refuse to acknowledge this phenomenon. Some may believe that a target must have done something to deserve it if it is happening. Why would an organization that is designed to help people choose not recognize this type of terrorism? They may have been bribed with funding / favors, threatened, blackmailed, or are just outright terrified by these cults. They may have even been told to stand-down.

Corporations own all major media outlets including talk radio, newspaper, academia, magazines, television, and Hollywood. Most people pay attention to the events illuminated by these corporate-owned spotlights because they're big, common, socially accepted, and because they're all most people have ever known. If you're targeted, you may have trouble trying to convince a person who has spent most of their life watching soap operas, corporate controlled news, or playing video games, that this exists. The survival of these groups depends on secrecy, people being naive, and people not recognizing it for what it is.

[War at home – covert action against US activists, exposing domestic covert action as undemocratic and a form of terrorism](#), Brian Glick:

"Since such attacks depend on secrecy, it is also important that they be exposed to the widest possible audience. People will gain a deeper understanding of the functions and impact of domestic covert action, and be better able to resist it, if we also address the excuses that government officials offer when their clandestine operations are revealed."

It was not until I began looking into the gang stalking phenomenon that I became acquainted with alternative news outlets, and started to realize that some of the information I had learned was either distorted or outright lies. If you think of these major media outlets as propaganda machines used by ultra-wealthy people who don't want you to have certain information, you would be correct. This type of censorship is called soft mind control. So, gang stalking, and related phenomena that expose their agenda will not be covered by the mainstream media.

Rule by secrecy, Jim Marrs:

"The watchdog media in America, as they like to portray themselves, appear to be more like lapdogs to their corporate owners... It is especially intriguing that none of America's major 'watchdog' media show much interest in determining who owns the corporations which control the media and the nation."

For an example of how the establishment only found it necessary to purchase 25 major news outlets in order to control the daily press throughout the country, refer to Congressional Record, February 9, 1917, Volume 54, PP. 2947-48. Also see the book, **Mass control: engineering human consciousness**, by Jim Keith which describes how the intelligence community, operating on behalf of the establishment and / or as the establishment, controls the mass media. Furthermore, for evidence of the manipulation and / or takeover of various news agencies by the intelligence community, refer to **Project Mockingbird**, which took place under CIA director Allen Dulles.

New York Press Club 1953, Journalist John Swinton:

"There is no such thing at this date of the world's history, in America, as an independent press. You know it and I know it... The business of journalists is to destroy the truth, to lie outright... We are the tools of rich men behind the scenes. We are jumping jacks, they pull the strings and we dance. Our talents, our possibilities and our lives are all property of other men. We are intellectual prostitutes."

Here are a few other reasons:

Monster in the cellar

Some are fully aware that these groups exist and how well funded, organized, and widespread they are. They're afraid that they'll become targeted if they attempt to expose it. The gang stalking crisis is too big, widespread, powerful, and difficult to prove. So the popular and safe response is to pretend that the monster doesn't exist. Or to pretend that it's not really a monster and join with it. Imagine being confronted with something so big and vile that you could not possibly beat it. And if you did acknowledge it, it would come after you. This is one of the biggest forms of evil that anyone will ever face. Why fight if you can't win, right? It's impossible, so just look the other way. What we've been finding is that people will, for the most part, consistently look the other way when faced with this.

People, including some friends and family, will deny your claim that this exists. They may be forced to do this as part of a gag order during the "investigation." Or they may just not want to believe such a thing is possible. They may tell you, "you just need to snap out of it and get on with your life," or "you can't run away from your problems." Or similar remarks. The truth is, they're the ones in denial. You will lose some friends and family.

Some of them may sacrifice you in order to preserve this lie, thereby, keeping themselves safe. Basically, they will eventually find that they're faced with a choice. We're talking about survival here folks! This type of denial is an ancient protection mechanism, hard wired into our mind-bodies, designed to preserve the organism. The bottom line is that this is just too evil for most people to deal with.

The new satanists, Linda Blood:

"... This foreign quality is perhaps the most crucial contributing factor to the reluctance of many people to believe in the existence of satanism and occult-related crime. It is the application of the ostrich approach-If I can't see you, then you can't see me. If I can't conceive of believing such an idea, then neither can you."

This is the big evil that everybody that comes across it goes along with because they believe that once it passes, they'll be OK. Of course in the back of their minds they're thinking, "I hope it never comes for my son or daughter." My message to those who know what this is about is this: It is only getting worse. If you keep giving in, it will only be a matter of time before a family member becomes targeted. How will you feel when you are forced to harass your son, daughter or sibling? Do you not think this system can be used on you or your family?

Vested interest

People (including myself) have been in touch with human rights and stalking organizations that are devoted to assisting people who are being tortured and stalked. They either didn't respond, or they did not acknowledge that gang stalking exists. I wrote a letter to the author of a book on stalking, who also happens to be the director of a large, popular anti-stalking organization in Massachusetts. She responded by telling me that I should seek help from a psychiatrist. The overtone of this woman's reply also suggested that I must have done something to provoke it. In her reply she listed several different types of stalking, but never acknowledged gang stalking. She then went on to say how she's been in the anti-stalking business for 10 years.

In her reply she included examples of disgruntled employees stalking bosses of their former place of employment. But apparently her research of 10 years concludes that the reverse is not true. I checked out her website, and noticed that her organization is affiliated with a major institution that is known to have ties to the intelligence community, particularly the CIA. If they are affiliated with a corporation, they are probably receiving some type of funding (grants) from it.

So, this would be an example of an organization that has a vested interest in covering up this epidemic. It is possible that her clinic is also being used for **disinformation**.

Disinformation organization

One example of a disinfo organization would be the **False Memory Syndrome Foundation (FMSF)**.

Mass control: engineering human consciousness, Jim Keith:

“One strategy for concealing actual mind control is to erect pseudo-scholarly fronts to disprove that such misdeeds exist. One such group is the False Memory Syndrome Foundation, a group of psychiatrists whose mission is to prove that cult abuse and mind control are figments of the imagination.”

Many of the psychiatrists on the **FMSF** board have been linked to mind control experiments and the military. They are called in to court cases to discredit ritual abuse survivors. The **FMSF** consists of a panel of experts that are used to discredit therapists and the thousands of children and adults that are coming forward with cases of unspeakable **satanic ritual abuse**, and experimentation. It was necessary to create this organization to counter these abuse claims. Because these disinfo experts serve the interests of some federal agencies and are paid to help cover up crimes, they can be thought of as prostitutes.

Webster's 1997 edition:

Prostitute:

1. *a woman who engages in sexual intercourse for money; whore; harlot*
2. *a man who engages in sexual acts for money.*
3. *a person who willingly uses his or her talent or ability in a base and unworthy way, usually for money.*
4. *to sell or offer oneself as a prostitute.*
5. *to put one's talents or ability to unworthy use.*

An example of how people will participate in the coverup of something they know is horrible is illustrated in a book titled, **The Franklin coverup**, by Senator John W. Decamp. The book is based on his experience as a lawyer in a nationwide satanic cult and child prostitution ring. He was called in to discredit these children's claims due to his previous experience debunking child abuse claims. However, after looking into their claims he found that they were telling the truth. Because of the involvement of high-ranking people, this was not only covered-up by the justice department and the media, but the people serving the system participated in the harassment of witnesses. About a dozen deaths (murders) occurred and they tried to discredit and intimidate some kids by jailing them or having them declared insane.

When trying to understand how people could just go along with something this sick, he discovered that most people believe the system should be protected at all costs because it keeps them employed and pays their bills. And that people believe that once in a while flaws do occur, but this is acceptable because it is hoped that these flaws are the exception and not the rule.

Senator John W. Decamp:

“How do I know when, or if, the ‘system’ itself has become so corrupted, that evil is the rule, rather than the exception? And when that occurs, what do I do about it?”

When we have thousands of people being tortured with directed energy weapons and gang stalked out in public, evil is officially the rule. With this epidemic, it seems that the thing to do is to follow along and hope that it doesn't happen to your children or grandchildren. And if it does, hope that you are not forced to into the harassment campaign. This system can only exist because people that participate either enjoy doing it, are unaware of its true nature, or don't have the constitution to refuse to participate. Because congress has also received numerous complaints from people who are aware that they're targeted, and has done nothing, then congress too must be complicit in the coverup of this epidemic.

Mobbing and gang stalking similarities

Gang stalking contains most elements of mobbing, but also many more, particularly DEWs. They are both relatively unknown phenomenon, consisting of ritualistic and ongoing antagonistic behavior committed against one individual, usually by multiple people.

Here are some other correlating factors:

- Current laws do not cover this phenomenon.
- Borderline-subliminal, covert attacks.
- Not yet acknowledged, or misinterpreted by mental health community.
- Designed to isolate, confuse and force people into submission.
- There may be a triggering event that sets it into motion.
- Sometimes results in death, through illness or suicide, or results in violence directed at other parties (people "going postal").
- The symptoms targets experience for mobbing and gang stalking are identical.
- Can be directed against "anyone" rather than a specific gender, race, creed, nationality or disability.
- Representing the target as the one at fault.
- Ignored, tolerated or instigated by an organization (or government for gang stalking targets).
- An investigation may be conducted to further the mobbing and gang stalking. With mobbing this is usually done with an outside consultant. With gang stalking this may be a federal agent or an official acting on their behalf.
- In both cases the targeted person may not be aware of the investigation or the claims being made against them.
- Representing the removal of the target from the workplace (or community for gang stalking targets) as the target's choice.
- Attacks are done frequently over a long period of time by multiple people.
- Innuendo, rumors, ridicule, public discrediting, rumors, setups and threats are used.
- Targeted people are treated as if they're mentally ill, or forced to undergo psychiatric evaluation in order to be discredited.
- With both mobbing and gang stalking, previously friendly neighbors and coworkers will turn on you to ensure their own survival.
- Both are relatively new in the sense that they have recently been given names.
- Topics are not reported by mainstream media.
- Both are evil and prey on basic human flaws in order to get people to participate.

- Both exhibit the “herd” mentality and reveal the darker side of humanity.
- Targeted people may not be aware of what’s happening to them.
- Targets have difficulty understanding and explaining what is happening to them.
- People who participate surrender themselves to something they believe more powerful in exchange for protection and / or approval.
- Both are a hidden epidemic.
- Some perpetrators cooperate because they have to, others because they enjoy it.

Emotional abuse in the workplace: a silent epidemic? Noa Davenport, Ph.D.:

“Dr. Heinz Leymann, a psychologist and medical scientist, pioneered the research about this workplace issue in Sweden in the early 80s. He identified the behavior as mobbing and described it as ‘**psychological terror**’ involving ‘**hostile and unethical communication directed in a systematic way by one or a few individuals mainly towards one individual.**’ ”

Case studies

Below is a tiny sample of some gang stalking cases. I removed the names and contact information of the case studies. More can be viewed at www.raven1.net I omitted my own case study, but it can be seen at www.richessence.com

From x1, unemployed journalist, January 2005:

I live in Indiana and if anyone would like to contact me, my phone number is xxxxxxxxxx. Email me at: xxxxx@yahoo.com

It's the government doing this to us. That's why it's useless trying to report it to the attorney general, police, FBI and all the usual sources. They already know about it and participate in it. A few months ago, cops started following me around everywhere I went. Then I started getting fire department vehicles and unmarked vehicles following me.

Plus, I started getting a lot of street theater. When I went out jogging in my neighborhood, I would get young women pushing babies in strollers, with other creeps observing my reaction, as though they thought I was some kind of pedophile.

[Eleanor White speaking: Pedophilia is one common lie used to bring neighbors, co-workers, community members, and in some cases even family members into the 24/7 harassment.]

They've kept me up all night several times. I was getting harassed at work, too, so I quit after I found another job. On my last day, I sent out an e-mail message to the editors and reporters at the newspaper where I was working, explaining that I'm not a child molester or whatever they thought I was. I told them I was the victim of illegal surveillance, slander and stalking, and that the police and FBI allow it to go on unchecked. Then I included links to some web sites about this subject, more or less putting the ball in their court and suggesting they do a story on this phenomenon, which is going on all over the world. Well, someone forwarded the e-mail to my new employer and they withdrew the offer, so now I'm out of a job. I doubt I could have held down a job in my current state of mind anyway. I suspect it's politically motivated because I've been outspoken in criticizing corruption in government. I wrote some articles about CIA and FBI involvement in the JFK assassination, plus I attended some conferences to get better educated on the way things really are. Since they need guinea pigs to test their weapons on, why not target me? I'm a royal pain to have around, anyway! — x1

From Mr. x2, January 24, 2005 (with permission):

Re, Complaint of Gang Aggressions

Xxx xxx

xxx E. 28th St.

Mission, Texas 78574

xxx / xxx xxxx

Lio Longoria, Chief of Police

City of Mission Police Department

1200 E. 8th St.

xxxxxx, Texas 78574

Xxx xxx xxxx

Dear Mr.:

I am the subject of gang staking. On January 22, an unidentified driver attempted to run over my children and myself. Mr. Fernando Barocio an employee of the [US Postal Service](#) witnessed the incident and called the police. (Police Report No. xx-xxxx). At several times unidentified vehicles have been attempting to ram the rear of my vehicle. The evening of January 15, a Jeep with plates (TX) xxxxxx, registered to Clinton T. Welding 2214 Village Drive, Mission, was driven by a young male. Said vehicle took off in high speed reverse from the property of Martha A Rodriguez, 2008 N. Shary Rd. attempting the crashing of my vehicle against said vehicle.

At several times a vehicle with plates No. (TX)ZGR71J., registered to Clifton Davey and Susan M. Davey, 1132 Starfield LN. West Columbia, Texas, has been seen leading the way to several vehicles that engage in gang aggressions against my children and against myself. On January 23, a lady driving said vehicle attempted flight to avoid identification.

Your attention to this matter is highly appreciated.

Sincerely, x2

From x3:

I discovered my husband had been molesting, and had been allowing Associates molest my daughter Jennifer. When I called the police, my Husband said "You have no idea what you have done." I then took Jennifer To a pediatrician, then to a children's hospital. By the time I was done, the authorities twisted the story around so that *I* was declared mentally ill, and the children's custody given to my husband. A year later I am still fighting this, and from conversations I understand that if I win, I will probably be killed. The public has no idea how corrupt the justice system is, and what a stranglehold organized pedophile rings have on public officials.

From x4:

Frequent thefts and sabotage of my belongings to the point that I now can't afford three meals a day. I experience theft and sabotage of my food and kitchenware.

From x5:

Before I realized that I was being targeted for some reason, I used to get a lot of odd damage and stains appearing in my house, but I chalked it up to having a child. There would be no way of knowing what he might have spilled. When the drain pipes from the roof kept repeatedly getting crushed or pulled apart (so that the basement would get water when it rained), I knew it wasn't my son doing it, but I thought maybe it was some kids in the neighborhood who liked to dismantle drain pipes. When the screen doors developed tears in them right next to the door handles (which I locked at night), I felt slightly suspicious. When the door locks themselves went askew and my keys didn't work quite as well, I had no idea at the time that this was an indication that my locks had been tampered with.

From x6:

I've had problems with clothing being torn and destroyed. Every coat I have bought for my son in the last two years has had problems with the zipper not working from about the first week onward. My own most recent new coat needed a new zipper within a month, at a cost of \$50 because it was a long zipper. At the same time, it developed several tears in the inner seams. Most recently the metal zipper on my jeans was subtly rendered inoperable by teeth falling out. But metal teeth don't just "fall out" of zippers. Then the situation got worse, and I knew something wasn't right, and that this wasn't all "random." The walls of my bedroom began to bang at night, very loudly, as though someone was throwing stones at the wall. My furnace got so loud that the whole house shook when it was on, and it was like a train was going through the house. My appliances began to behave strangely — stopping working for a few days — and then starting working again. A lot more happened besides this, but it is impossible to explain and makes me look a little crazy to talk about it.

When I began to suspect someone was behind all of this in the fall of 2002, I encountered all kinds of additional problems, including mail being lost, false charges appearing on my credit card, static and clicks on my phone, lots of hang-ups and problems with my television reception. I suddenly got bug infestations that I had never had before, and I got very sick. I developed diarrhea that lasted for 8 weeks. I felt so sick and tired and my bedroom walls kept doing this banging at night, keeping me awake. I noticed that if I drank bottled water that I felt better. There were no reports of E-coli in my region, but it certainly looked like my water had become unsafe for some reason. Desperate, fearful and not knowing where to turn for help, I fled my house and moved in with my parents. I am 38 years old.

From x7:

Looking back, I realize that there was sabotage going on a fair amount. The stains were some kind of engine oil, spread all over the house, including on my son's bed under his sheets. He's not a baby, so he wasn't throwing motor oil around.

From x8:

Suspending for the moment the belief by some that multiple-stalker incidents could not occur in the United States, I would like to remind everyone that this is a country which recently landed two rovers on the surface of Mars. With that in mind, I will relay the incident of ordering refill pages for the day planner I was using at the time. I called the 800 number and talked to someone named "Paul." He seemed lackadaisical and uninterested in taking my order. I waited for a month for the refills to arrive and they never did. The company I dealt with had always been very prompt and provided good service before this time. I called the company again and was told they had no record at all of my previous order and they also had no order taker named Paul. If anyone tries to tell you there will be clicks or other noises on a tapped phone line, don't believe it. Consider how much personal information often goes out over the phone: appointments, credit card info, etc. Now consider how much technology has improved since this incident happened to me years ago. If you don't believe me, go outside some night and look up at the planet Mars.

[Eleanor White talking: Incredible as it sounds, multiple stalker victims report that the stalking groups are sometimes able to enlist the aid of various stores and other public service providers. This shows clearly that the multiple stalking "phenomenon" is much larger and runs much deeper than single stalker cases. I have had a number of incidents as described above where commercial organizations have participated in the harassment.]

From x9, December 2004:

x9 describes her perpetrators' Christmas stunts:

1998: Repeatedly pulling up into my driveway Christmas eve and blasting horns until dawn. Silent night, my ass.

1999: "Carolers" came to sing below my second floor apartment. They re-worked The 12 Days of Christmas to recount the various Christmas errands I had run that day.

From x10, December 2004:

They've started breaking into my apt. They're doing little things rearranging stuff. I only recently noticed they sawed off one of the horizontal supports of a chair. I'm not sure what to do about this. They've also got a Trojan installed on my computer — it lets them see what I'm typing into message boxes, also lets them edit what I'm typing. I've also had clothing, labels rip off. The first one was pointed out to me via a little folded up piece of paper pointing at one of my T-shirts. Is there any way I can stop them from breaking in?

[Eleanor White commenting: No, not until the justice system stops providing cover for them.]

They have been following me around on the Internet too.

From x11, December 2004:

The perps already know who you are and where. Not knowing what "lie" was told to whom, you are not certain what "issue" is being addressed / challenged / corrected. Personally, I keep getting "outed" by concerned(?) citizens who have been told I am: a "witch," therefore, ultimate evil; a racist; a prostitute; a terrorist; a criminal; an escaped mental patient; homosexual; a child molester; a "street gang" member; etc.

None of the above are true, however, different people are told different things for different reasons. TRUTH: I am a domestic abuse SURVIVOR, who is once again homeless and living in a shelter. End of sob story, nothing to add.

From x12, December 2004:

I was a whistle-blower at a State government job who leaked facts to the press and vocally opposed wasteful misuse of funds. I helped some outside groups block millions of dollars in inappropriate grants to a city I now know to have organized crime investment. The harassment is clearly job-related, and people at work were witnessed taking part in some incidents. Other perps are complete strangers. I changed jobs and moved several times, to no avail. The harassment, which has destroyed my life, has now gone on 25 years, and continues although I have retired and moved to another state. The perps can open even high security locks like Medeco without force, can beat central alarm systems, and very likely have allies in law enforcement.

Bibliography

Mobbing, gang stalking and electronic harassment websites

www.multistalkervictims.org
www.c-a-t-c-h.ca (†)
www.stopcovertwar.com
www.emhdf.com
www.cointel.com
psychologicalharassment.netfirms.com
www.mindjustice.org
members.shaw.ca/mobbing/mobbingCA/index.htm
www.raven1.net

Discussion groups

groups.yahoo.com/group/Cause_Stalking
www.multistalkervictims.org
groups.yahoo.com/group/gangstalking

Online talk show for gang stalking hosted by Eleanor White

www.shoestringradio.net (†)

Other sites of interest

www.trance-formation.com
www.infowars.com
www.tedgunderson.com
www.prouty.org
www.nomorefakenews.com
www.copvicia.com
www.davidicke.com
www.policing.com
www.cops.usdoj.gov
www.thepowerhour.com
www.antipsychiatry.org

Note: To make room for expansion I've reserved segments of numbers for specific resources. So books will be numbered 1-99, reports are 100-149, documentaries are 150-199, talk shows are 200-249, seminars / workshops / miscellaneous are 250-299, and news/magazine articles are 300-399.

Books

- [1] [Subliminal mind control](#), John J Williams.

Cover: Subliminal Mind Control, The Shocking Truth is part of our new countermeasure series designed to protect you from wrongdoings. We provide this information for you to better protect yourself.

- [2] [Introducing NLP](#), Joseph O'Connor and John Seymour.

Cover: Psychological skills for understanding and influencing people.

- [3] [NLP – the new technology of achievement](#), Steve Andreas and Charles Faulkner.

Cover: [NLP](#), Short of [Neuro-Linguistic Programming](#), [NLP](#) is a revolutionary approach to human communication and development.

- [4] [Patterns of hypnotic techniques of Milton H. Erickson](#), Richard Bandler, M.D., John Grinder.

Bandler and Grinder, the founders of [NLP](#) explain the techniques of a master hypnotist named Milton H. Erickson.

- [5] [Messages – the communication skills book](#), Matthew McKay, Ph.D., Martha Davis, Ph.D., Patrick Fanning.

Cover: body language, sexual communication, making contact, assertiveness, negotiation, public speaking, self-disclosure, active listening, influencing others.

- [6] [Secrets of sexual body language](#), Martin Lloyd-Elliot

Understanding non-verbal communication.

- [7] [Terrorist stalking in America](#), David Lawson.

NOTE: The title is misleading. The author is not referring to foreign terrorists, but domestic terrorist gangs that harass people out in public. The book [Terrorist stalking in America](#) was written by a private investigator that followed these groups around for about ten years. The tactics outlined in his book are consistent with the pattern of occurrences that targets across North American (including myself) and other developed countries have reported.

- [8] [Mobbing](#) by Noa Davenport, Ph.D., Ruth Distler Schwartz, and Gail Purcell Elliott.

Author's Note: "This book came about because all three of us, in different organizations, experienced a workplace phenomenon that had profound effects on our well-being. Through humiliation, harassment and unjustified accusations, we experienced emotional abuse that forced us out of the workplace."

- [9] [Gaslighting – how to drive your enemies crazy](#), Victor Santoro.

Cover: Gaslighting means to drive someone crazy. It comes from the 1944 film, *Gaslight*, in which a husband convinces his wife she's losing her mind. Gaslighting is the most potent form of psychological warfare available without a license. Gaslighting will show you how to cause disorientation, get your target off balance, and build-up his paranoia. Finally, you completely annihilate his reputation, leading to personal disasters such as job loss, divorce, financial devastation-even jail. Gaslighting is NOT conventional harassment or physical destruction, but highly refined and subtle psychological warfare. Moving small items of property around slightly, substituting hats with an exact replica only smaller, filling his car with gasoline, destroying reputations, building paranoia, and starting confrontations.

- [10] [War at home](#), Brian Glick.

Cover: Covert action against U.S. activists and what we can do about it.

[Mark: Covert neutralization techniques used in Cointelpro by the federal government on U.S. citizens. This harassment was carried out on thousands of citizens. These tactics included setups, wrongful imprisonment, forgeries, sabotage, break-ins, threats, intimidation, bogus investigations, character smears, and murder.]

- [11] [The professional paranoid](#), Michael Sweeney.

How to fight back when investigated, stalked, harassed, or targeted, by any agency, organization, or individual.

- [12] [Trance formation of America](#), Cathy O'Brien and Mark Phillips.

The true life story of a CIA mind control slave by Cathy O'Brien with Mark Phillips.

- [13] [Access denied for reasons of national security](#), Cathy O'Brien and Mark Phillips.

The documented journey from CIA mind control slave to successful U.S. government whistle-blower.

- [14] [1996](#), Gloria Naylor.

Gloria's fictional explanation of her real experience.

- [15] [Pending](#).

- [16] [Rule by secrecy](#), Jim Marrs.

Cover: Defiantly rooting out the truth, he unearths startling evidence that the real moves and shakers covertly collude to start and stop wars, manipulate stock markets and interest rates, maintain class distinctions and even censor the six o'clock news.

- [17] [The new satanists](#), Linda Blood.

Cover: A former cult member rips the veil of secrecy off the most frightening criminal phenomenon of our time. What most people don't know – and what U.S. law enforcement officers are only beginning to discover – is that Satanism is the fastest growing underground criminal movement in the world today-and that it is directly linked to an exploding number of child abuse cases, Nazism, drug dealing, pornography, and prostitution.

- [18] [Breaking the circle of satanic ritual abuse](#), Daniel Ryder, C.C.D.C, L.S.W.

Daniel Ryder is a journalist who is also a Certified Chemical dependency Counselor and Licenses Social Worker.

- [19] [Psychic dictatorship in the U.S.A.](#), Alex Constantine.

Cover: Warning! Psychic Dictatorship in the U.S.A. is sure to shatter the casual reader's most comfortable illusions. Bombing minds rather than bodies is the warfare of the new millennium tracks the use of cults by intelligence organizations as cover for arms sales, mind control and even child abuse.

- [20] [Virtual government: CIA mind control operations in America](#), Alex Constantine.

Cover: [CIA Mind Control](#) Operations in America

- [21] [Mind control – world control](#), Jim Keith.

Cover: Mind control is a very little known yet highly controversial topic today. Veteran author and investigator Jim Keith uncovers a surprising amount of information on mind control technology, and the experimentation with and implementation of it.

- [22] [Releasing the bonds – empowering people to think for themselves](#), Steven Hassan.

Cover: In this new Millennium, it seems that everyone knows someone who has suffered a negative radical personality transformation. The phenomenon of destructive mind control indoctrination can turn an intelligent, educated person with a strong family background into a stranger.

- [23] [Mass control – engineering human consciousness](#), Jim Keith.

Cover: There has never been a book which so carefully and thoroughly exposes the secret plans to dominate world consciousness.

- [27] [Journey into madness – the true story of secret cia mind control and medical abuse](#), Gordon Thomas.

Cover: Journey into madness travels back in time to probe the origins of the dark alliance between medicine, politics, and terrorism, revealing how doctors in both the East and the West have forsaken the sacred vows of their profession to aid in government sponsored research that subjected thousands of unsuspecting patients to inhumane methods of medical torture and mind control involving shock treatments, massive doses of [LSD](#), insulin-induced coma, and radical surgery...

- [28] [Pending](#).

Cover: Hundreds of U.S. government administrations and diplomats have been drawn from its ranks-regardless of which party has occupied the White House. But what does the Council on Foreign Relations stand for? Why do the major media avoid discussing it? And what is it planning for the future?

[29] [How the world really works](#), Alan B Jones.

Cover: This books paints a picture of that largely completed puzzle, and lays out who the culprits are, why they are doing what they are doing, and how they are managing to pull off what is probably the biggest mass robbery of wealth and individual freedom in human history. Your reading this book will help to expose and stop the destruction, and help to guarantee a future of freedom rather than slavery for your children.

Reports / Pamphlets

- [100] **Techniques used to silence critics**, Ted L. Gunderson FBI Senior Special Agent In Charge (t).

Cover: Techniques used to silence critics who document Illegal Unlawful activity (murder, kidnapping and more) of a covert underground criminal enterprise operating at the highest levels of our Government. Ted has received numerous decorations and at one time had a budget of over 20 million dollars and 700 people under his command.

[Mark: This is a report of organized cocaine trafficking, international child pedophile/enslavement rings, Satanic cults, etc., as well as some of the harassment Ted has experienced for trying to expose it. Although this type of harassment is not exactly gang stalking, it is similar. It originates from the same source, it is Cointelpro-type in nature, it is recurrent, and it involves sabotage, vandalism, threats, assassination attempts, character smears, and mail tampering. It also involves multiple people, operatives/provocateurs. In addition, it illustrates the stonewalling that targets of gang stalking experience when trying to report this harassment to law enforcement.]

- [101] **Microwave harassment and mind control experimentation**, **Electronic Surveillance Project**, Association of National Security Alumni, Julianne McKinney, Director.

[Mark: Julianne is a former Army Intelligence Officer who has knowledge of this type of state sponsored ritualistic harassment. She spoke with targets across the country, and sent a report of her findings to congress. I've included excerpts from one of her reports. This organization is no longer operational.]

- [102] **Emotional abuse in the workplace**, Sullivan University, www.sullivan.edu, Tony Belak.

Cover: Mobbing is the newest concept to join the list of abusive behaviors, along with sexual harassment and discrimination.

[103] [Emotional abuse at work](#), Wayne State University, Loreleigh Keashly.

[Mark: This report by Dr. Keashly parallels the other reports / books on Mobbing. A ganging up by individuals led by a person/organization to systematically harass a person frequently, and over a long period of time.]

[104] [Stigma and mental illness](#), Connecticut Clearinghouse, [A program of wheeler clinic](#), www.samhsa.gov.

[105] [Stigma of mental illness still exists](#), Center for the Advancement of Health, www.cfah.org, pescosol@indiana.edu, 812-855-3841, August, 31 1999, Bernice A. Pescosolido, Ph.D.

[106] [Psychiatric stigma follows you everywhere you go – for the rest of your life](#), Lawrence Stevens, M.D.

A warning from Lawrence Stevens, M.D.

[107] [VIPS – Volunteers In Police Service](#), www.policevolunteers.org.

[108] [Microwave mind control: modern torture and control mechanisms eliminating human rights and privacy](#), September 25, 1999, Dr. Rauni Leena Kilde, MD, former Chief Medical Officer of Finland.

[109] [The surveillance-industrial complex: how the American government is conscripting businesses and individuals in the construction of a surveillance society](#), The American Civil Liberties Union, www.aclu.org, August 2004, Jay Stanley.

Documentaries

[150] [Presidential secrecy Ted L. Gunderson, FBI senior special agent in charge \(t\)](#).

Ted Gunderson interviews a former CIA pilot who was unwittingly used to traffic cocaine.

[151] [Marital law: 911, rise of the police state](#), Alex Jones.

Radio

- [200] **Topic – electromagnetic weapons: the technology of political control**, CFRO 102.7 FM, August 8, 2005, **Scientists for Indigenous People**, Leuren Moret, president, former City of Berkeley Environmental Commissioner.

Leuren Moret has worked at two US nuclear weapons laboratories as a geoscientist. In 1991 she became a whistle-blower at the Livermore nuclear weapons lab, and since then has worked as an independent citizen scientist and radiation specialist in communities around the world, and contributed to the UN subcommission investigating depleted uranium.

[Mark: She is currently a target of gang stalking.]

- [201] **Topic – directed energy weapons and gang stalking**, **The Investigative Journal**, April 19, 2006, Julianne McKinney.

Greg Szymanski interviews Julianne McKinney.

www.rbnlive.com

Greg is an independent investigative journalist. Julianne McKinney is a former army intelligence officer and the publisher of the widely respected report, **Microwave harassment and mind control experimentation**. She is the former director of the **Electronic Surveillance Project Association of National Security Alumni**, which was an organization composed of intelligence officers dedicated to exposing excesses by the U.S. Intelligence service. She kept this organization operational for four years using her personal funds. She is considered an expert in this field. She has 40 years experience with this subject and has talked with hundreds of targeted individuals.

Seminars and workshops

[250] **Personal power II: the driving force**, Anthony Robbins.

A cutting-edge 30-day personal growth seminar based on a science called **neuro-associative conditioning** (NAC), which is based on NLP.

Topics included identifying and changing believe systems, eliminating phobias using the swish pattern and the Dickens pattern, using anchors and triggers, collapsing anchors, and why human beings really do what they do.

www.anthonyrobbinsdc.com

Newspaper and magazine articles

- [300] [Worked to death; homicides, accidents are on rise on the job, U.S.](#), Boston Herald, September 23, 2004, Jay Fitzgerald.
- [301] [Workplace violence on the upswing](#), HR Magazine, July 2005, Kathy Gurchiek.
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- [303] [Workplace killings increasing](#), Join Together Online, November 12, 2004.
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